



THE PEACEFUL PRESS
www.thepeacefulpress.com

The Peaceful Preschool

Contents

3 OUTLINE OF “THE PEACEFUL PRESCHOOL” VALUES

4 WEEKLY LESSONS OVERVIEW

12 HOW TO USE THE WEEKLY LESSONS

14 FAMILY VISION WORKSHEET

The first step towards creating a peaceful preschool, or even a peaceful life, is knowing what your essential values and goals are and focusing on them.

My worst moments as a mom were those busy days where I was trying to pack the kids in the car for a round of outings, and a tardy preschooler would arrive at the car without their shoes. The fault for the missing shoes lay at my door, but it was easy to blame whichever pint-sized helper was in charge of the littlest walkers. Having a schedule that allows plenty of time for getting ready before leaving the house, or canceling activities that create stress or counteract your vision, will do much to reduce chaos in the home. Young children thrive on predictable rhythms, reasonable meal and bedtimes, and calm parents. Work out your schedule so you can provide those basics; this starts with a well defined vision.

15 WEEKLY PLANNING WORKSHEET

Use this worksheet each week as you plan out your activities with your child.

16 SAMPLE DAILY SCHEDULE

This is a sample daily schedule; use a simple composition book or clipboard to bullet journal your own.

Contents

20 KINDERGARTEN SKILLS CHECKLIST

A handy list to check on periodically to assess kindergarten readiness (if you are sending them to traditional school).

24 ALPHABETICAL LISTING OF THEMES/MEMORY VERSE

30 ALPHABETICAL BOOK LIST

Use this book list as a springboard to plan a week's worth of themed activities with your preschooler. Alternatively, you could plan your activities around seasons, holidays or interests, and find books to fit those themes.

THE 26 WEEKS OF LESSONS**

**Supplemental materials for lessons-including Printable Numeral Cards, Printable Alphabet Pages, Printable Alphabet Flash Cards, and Recipes are available in separate files.

© The Peaceful Press. All rights reserved. This digital product or parts thereof may not be reproduced in any form, stored in any retrieval system, or transmitted in any form by any means—electronic, mechanical, photocopy, recording, or otherwise—without prior permission. Designs created by Jennifer Pepito and Angie Warren.

The Peaceful Preschool Curriculum

Welcome to The Peaceful Preschool curriculum! I am so excited for you to embark on a journey of learning with your child!

The preschool years are full of exciting discoveries, and is one of the most amazing seasons in your child's life. They are also prime years to school your child at home.

Most preschoolers are natural learners who thrive on the warmth and structure of the home environment. In fact, a study on genius that has often been quoted by proponents of home education found that there were three common elements among high achievers:

1. They were given a maximum amount of free time to spend exploring, and very few places or things in the house were off limits (from banging on the piano to hammers and nails).
2. They had highly responsive parents who spent time answering any questions they had or helping them find the answers.
3. They spent a minimum amount of time with people their own age. (McCurdy)

This is almost the opposite of what many parents are being convinced they must do today. Traditional schools give children less and less time to explore, and with large class sizes, there are fewer and fewer responsive adults who can answer questions or help children research answers. Children are also conditioned by large class sizes to fit in with their peers, which is a great inhibitor of creativity and genius in any form.

As you make the commitment to create a happy learning environment for your preschooler, providing them with healthy rhythms and responsive care, you are well on your way to giving them the opportunity to achieve and do all that they were created for.

Harold G. McCurdy, *The Childhood Pattern of Genius*. Horizon Magazine, May 1960, pp. 32-38.

Lessons

An Overview

As you begin to plan for your home preschool, jot down some ideas of what you hope your students will learn, and what kind of experience this will be for your family. As you start to brainstorm your goals - short and long term - you will have an easier time enjoying this special time with your children. As you create goals, make sure that they are developmentally appropriate.

Keep in mind that the best way for your child to learn is through hands-on experiences. When your child has a good foundation of hands-on learning, the later skills will fall into place naturally. Also remember that every child has a different pace of learning. Some activities will be easy for your child, and some of them may need to be skipped for now. The curriculum is geared towards your 3- to 5-year-old, so not every activity will be right for every child. Each of our children are different and special, and we can give them the space to grow at their own speed without fear of them falling behind.

When you approach each day, try the activities, but if it isn't working, feel free to skip to the next activity. Because the curriculum is 26 weeks, you have plenty of time in the year to review things before moving on.

Your child's comfort level can be your guide. It is better to spend 5 minutes doing an activity, and then let them have some free time before starting another activity, than to try and get it all done at once. We purposefully put the large motor skills activity in the middle, because that is often what is needed to get your child ready to do more fine motor work. Kids are so smart, and there is no need to rush them. Just have fun exploring the world together!

Developing A Learning Environment

Having a carefully laid out home is one important step to make learning easy for our children. Even when we don't have a specific schoolroom, we can take steps to organize our home to be an ideal learning environment. With a bit of planning it is completely possible to have a space which makes independent learning a natural occurrence. A few principles can help us organize our space to be this ideal learning environment:

1. STRUCTURE AND ORDER: When we carefully instruct our children in basic routines, we set learning and civility in motion. In an ideal learning environment, even young children are carefully taught how to do things. Children are taught how to make their bed, get dressed, brush their teeth and wash their hands as basic, preliminary lessons. Children, from a young age may be allowed to get their own snack and drinks but they are taught how to do it and how to clean up after themselves as well. A minimum amount of clothes are kept in drawers low enough for children to reach, and toys are also kept to a minimum so that children can easily pick up after themselves. Tools are preferred over toys, such as a small broom and dustpan, child-sized table and chairs, paper and art supplies. In the school area, supplies are kept in well organized containers and children are taught to replace their supplies after use. A trash can should be kept in an easily accessible place so that children can clean up after themselves. Bookshelves are organized so that young students can quickly find materials, and maps and/or globes are available for geography interaction. In the home, the book selection could be as minimal as a basket for science books and a separate one for history and geography materials, or it could involve rooms full of books. The supplies you purchase will depend on your budget, but some basic planning and purchasing before you start your preschool will make learning happen more easily for your children, and will be well worth the investment.

2. BEAUTY: An ideal learning environment should be beautiful. Beauty doesn't have to require a lot of money. It can involve simple things such as getting rid of broken toys, and excess furniture. It might involve hanging a beautiful map or natural basket to keep blankets and toys in, instead of strewing them across the floor. Life with children involves lots of messes, but putting in the effort to keep your home an inspiring place to

learn does have a big impact. Also, keeping the T.V. off and having a variety of lovely books, and music, in addition to devotional literature and musical instruments will make a major difference in the atmosphere of your school area.

3. NATURE: When children have an opportunity to interact with nature it can be both inspiring and calming for them. This is why it is important to keep your learning environment as natural as possible. Allowing fresh air to circulate or using an essential oil diffuser to create fresh air, as well as allowing plenty of natural light in, will create the kind of calm atmosphere that keeps meltdowns to a minimum. Bringing in a plant or small pet for your child to care for, as well as some field guides for identifying creation finds, will nicely round out your natural history shelf. If you have outdoor space, let your children have plenty of time daily to enjoy it.

Putting in the time to create a beautiful environment is going to make a big impact on your children's ability to learn without pressure.

► What will be your first steps in creating a learning environment?

► What steps have you already taken?

Gathering Supplies/Shopping List

Before you get started doing the curriculum, evaluate what supplies you should pull together to create a lovely, learning environment. Gather together your art supplies and some mason jars and baskets, and start organizing them, throw out broken toys and crayons, and give your school corner a general cleaning.

Many of the things you need can be found around your home, so take stock before you rush out and buy things.

- ▶ What trays and baskets do you have?
- ▶ Are your art supplies organized? (You are working on it!)
- ▶ What puzzles or educational activities do you already have?

Our supply list can give you more ideas of what you might need to purchase, but please keep your budget in mind. If you don't have a child-sized table, perhaps you have a window seat or coffee table that would work! If you don't have a child-sized broom and dustpan, you could cut down a dollar store version and sand the end. There are endless possibilities of how you can pull together what you need without spending a fortune.

Writing Down Your Essentials/Vision/Schedule

If you don't have some kind of written description of your family's guiding principals, it is going to be very hard to create relaxed and peaceful routines with your children. The biggest enemy to a peaceful life is trying to do everything. It creates overly full schedules and overextended budgets. Decide what is important for your family, and focus on those things.

YOUR ESSENTIALS: Brainstorm some things that are most dear to your heart. Here are some of mine: God, family, simple living, worship, books!

- ▶ What are yours?
- ▶ What are some of the things that you dream of doing as a family?

As you define the basics, it will be easier to figure out a daily and weekly schedule with your children. Once you have some basic vision brainstorming done, decide what activities you will pursue for your year. Every year I make a grid with all seven days of the week. On the grid I enter any recurring activities, making sure that I am not creating weeks that are too full and hectic. As much as possible, I try to combine activities that my children are involved

in, or just give them one choice per season so that we don't spend all our time in the car. Young children thrive on predictable routines, and yours will be calmer and happier if you keep your schedule uncluttered.

Develop a Daily Schedule

"The more routine and ritual in the first three years of children's lives, the more comfortable and relaxed they become."

-Linda Lillard Jessen- Montessori From The Start

Brainstorm what your daily routine will be. As you simplify your children's daily life, as well as streamlining their belongings, your day will be much more peaceful.

PERSONAL CARE:

- ▶ What are some personal care habits that your children need to keep working on?
- ▶ Does your child have too many clothing choices?
- ▶ Is your child's bed easy for them to make?

BREAKFAST TIME:

- ▶ What are some simple breakfast ideas that would work for your family?

CHORE TIME:

- ▶ What are some chores that your child can do? (sorting laundry, picking up their clothes, unloading the dishwasher, taking out the trash, watering plants)
- ▶ Do you have safe and child sized cleaning products?

CIRCLE TIME:

Some of the activities in the weekly lessons can be a happy part of your circle time. Reading the suggested book together, reviewing phonograms, and counting could all be part of your morning routine. We also sing and read the Bible as a family each morning, and perhaps that is something that you will want to add in.

Keep in mind that young children have a limited attention span. I would often give my little ones a coloring page or a snack to keep them busy while I read. You can keep gently working on increasing the time they are able to sit, while being aware that you may need to just switch gears for a while. Having children act out the story is a great way to hold their attention for just a little bit longer and also give them some brain stimulating large motor work.

You can intersperse the suggested activities in the curriculum with independent activities. Some of the suggested activities can also be set up as a weekly learning tray that your child can grab themselves and repeat until they have gotten the last drop of fun and learning out of it.

INDEPENDENT ACTIVITIES:

Teach your child how to use the materials. Explain what they are supposed to do.

For instance, with painting: "Get your water, get your brush, get your paper. Paint. Rinse your brush. Dump your water. Put the tray back on the shelf"...etc.

THE "THREE PERIOD LESSON":

When you are introducing a new concept, be sure and model it for your child. With counting, do it yourself several times before you require them to repeat after you. If you are introducing a new letter, say it and let your child repeat until you are pretty sure that they know it. Some children will remember a letter after the first lesson, others will need it repeated many times. Just keep modeling and repeating until they remember on their own.

When you think they are ready to move on to the next step, you can use the Montessori method for introducing new concepts which is titled, The Three Period Lesson:

1. Name the items. For example when teaching shapes, point to each of three or four shapes and say the name of each one.
2. Ask the child to follow a direction which causes them to recall which was which. For example, "Pick up the circle...Point to the square," etc.
3. When lessons one and two have been repeated sufficiently, ask your child to name each shape independently.

Don't rush the lessons. Everything that is essential to your child's development, they will eventually learn.

OUTSIDE TIME:

Don't forget the importance of outside time. It is a great way for all of you to decompress from the day, as well as providing many wonderful opportunities to effortlessly develop problem solving skills, and small and large motor development. You can intersperse outside time into your day, or you could have it be a set time after naps. Playing outside is a great way for all of you to get a literal breath of fresh air.

Solving Problems

*"When your child seems to deserve affection
the least that's when they need it the most."*

-Simplicity Parenting, Kim John Payne

Preparation is a big part of avoiding chaos and meltdowns. If you don't allow enough time in your schedule to get ready without rushing your children, invariably there will be someone melting down; in our case, it was often me! We are gentle and loving to our children when we make sure that our schedule is child friendly.

FOOD: Hunger is a major cause of meltdowns. Do you have healthy snacks on hand, or packed for outings?

PHYSICAL INPUT: Hugs, steamroller smash, rocking while reading aloud, and massage are all important ways to help an overstimulated or scrappy child calm down. What strategies help your child calm down when they are struggling?

FOCUS: Often our kids are misbehaving because we are distracted. We only have one shot at raising our children and the early years are over quickly. Look your kids in the eyes. What are your biggest distractions? How can you minimize these distractions?

How to Use the Weekly Lessons

Each of the letters of the alphabet is given a week of learning, as well as review in ©The Peaceful Preschool curriculum. If you would like to do these activities even slower, you could simply do two of the “days” a week, and spread it out over all 52 weeks.

Each day-Monday through Thursday-includes several different activities, with Fridays set aside for field trips.

Read Aloud: This is a book, poem or verse, which in some way reinforces your letter of the week.

Phonics Skills: These are literacy activities, geared especially towards helping your child memorize the sounds of each letter. You can teach them the letter names as well, but if they are only able to memorize one thing, it is better to start with the letter sounds, so that they can begin to sound out words. The glitter glue flashcards stand in for sandpaper letters that are often used in a Montessori classroom. This gives extra sensory input as your child memorizes their letters. If they get really good with their fine motor skills and you want to start them on a beginning handwriting program, I highly recommend Handwriting Without Tears. However, the more time they spend using their index finger to trace the letters in sand, or pudding, or on their glitter glue cards, the better.

Counting Skills: Math in the early years is best taught with manipulatives. Giving your child lots of opportunities to count real things, will reinforce to them the idea that numerals are just symbols for quantities.

Fine Motor Skills: Some of these activities overlap (a counting skill might also involve fine motor skills), but helping your child develop these strong fine motor skills will make their eventual transition into writing much more comfortable.

Large Motor Skills: This is a very important part of the curriculum. So much of the brain development that is essential for academic success is happening during the early years through movement. Movements like crawling, rolling, and swinging are all helping to coordinate your child's brain to learn. These activities can be repeated in between any fine motor work, in order to help your child attend better to the quieter tasks. Don't underestimate the importance of movement for healthy learning.

Practical Life Skills: These skills are great for both fine and large motor development, as well as involving your child in the self esteem building work of the home.

Art Skills: We love art, and love giving our children a chance to express themselves. Although some of these activities might require adult help, giving your child a chance to start using a paint brush, crayons and glue, contribute to fine motor skill building, and also create a treasury of memories for your whole family.

Our Family Vision

Guiding Values and Principles (e.g. vital morals, ideals and standards)

- 1.
- 2.
- 3.
- 4.
- 5.

Our Mission (duty relating to God, family, church, community, etc).

- 1.
- 2.
- 3.
- 4.
- 5.

Things we strive to be (e.g.virtues, characteristics, attributes)

Things we long to do..(e.g. pursuits, lifestyle, ambitions, activities)

Family Member Roles (e.g. position, capacity, pursuit, talent, interest)

Weekly Planning Sheet

PREPARATION CHECKLIST:

_____ Art supplies organized

_____ Activity trays set up

_____ Table and floors clear

_____ Toys organized

_____ Healthy snacks available

_____ Rest time scheduled

_____ Books gathered

_____ Smile on!

THEME OF THE WEEK

BOOK OF THE WEEK

Poem or verse of the week

Practical Life Skills

Independent Activities

Physical Activities

Sample Daily Schedule

Personal Care Time: Work on teaching your child skills in self care, such as teeth brushing, getting dressed, bed making, and room cleaning.

Breakfast Time: Focus on healthy, high protein options and avoid sugar.

Circle Time: During circle time, sing a few songs, work on Bible verse or poetry memorization, and have devotional or prayer time. Then work on calendar review and phonics, fine motor, art, and counting skills, with breaks for large motor skills. Come back to any activities later in the day if your child is struggling to attend (or just skip the activity).

Independent Activities: This is when your preschooler can choose activities off the learning shelf for working on. Some examples of activities are puzzles, object-to phonogram matching activity, counting objects, sewing cards, pattern blocks, art tray with blank paper/crayons or other drawing implement, wooden beads, sensory bin, shape sorters, etc.

Snack Time: During snack time, work on practical life skills with your child such as preparing the snack, serving cups of water, and helping to clean up any mess. Remember to keep healthy and easy-to-prepare foods, such as bananas, cheese slices, and other low sugar, high protein snacks on hand.

Outside Time: During outside time, take a few minutes to focus on a large motor skill, or take a short nature walk. If they are safe and happy, this is also a good time to take a deep breath and decompress from your busy morning.

The rest of a typical day, when my own children were preschoolers, usually involved lunch, then nap time, or room time while I caught up on school with older children, or household chores. After the nap, we would cuddle and read another picture book followed by more

free time. I would often have older siblings take turns playing with the preschoolers while I gave each child some one-on-one time, or we would all gather for some yard work or outside play time.

If necessary, I would put on a short video to keep children safe and occupied while I cooked dinner, but generally kept the television off; the same applied to any devices. Young children are voracious learners, but device usage keeps learning one dimensional and is best avoided or kept for emergency use only.

We also kept meal planning and preparations simple. A possible meal schedule is as follows:

Lunch choices:

Quesadillas and baby carrots, leftovers, peanut butter and jelly sandwiches with apple slices, homemade macaroni and cheese with peas, chicken nuggets and applesauce.

Dinners:

MONDAY - Mexican (burritos, chili, tacos, enchiladas)

TUESDAY - Italian (spaghetti with meat sauce, lasagna, chicken cacciatore, pasta primavera)

WEDNESDAY - Soup or Salad (taco salad or Chinese chicken salad in the summer, chicken noodle soup, stone soup, or albondigas in the fall and winter)

THURSDAY - Meat and Potatoes (meatloaf, crock pot roast beef, roast chicken)

FRIDAY - Pizza, usually homemade

Weekends were for collaborating with my husband on meals, and eventually pulling my older children in as well.

The more you involve your children in the various aspects of home life, the more life skills they acquire. The best time to teach them to contribute to the smooth running of the home is when they are young and eager to learn.

Additional Preschool Activities

Make sure that you are able to give your child undivided attention whenever you introduce a new activity, whether it is a tray that your child can do independently or an activity which you will do with your child. Make sure that the baby is fed and happy, or the toddler has a snack, so that you aren't stressed while working with your child. Our children sense our moods and respond accordingly. Then, gather your materials, and keep the lesson time short. If your child does connect with the activity, try to allow enough time for them to finish their project without interruptions.

Before starting handwriting skills, spend lots of time with pincher grip activities (sorting pompoms or beans, playing with clay, threading beads, etc.).

Color Naming: Name every color you see until your child is familiar with color names.

Simple Drawings: Choose one or two colors and draw simple shapes with your child. Name the colors and the shapes.

Color Sorting: Sort objects by color.

"I Spy": Classic, "I spy, with my little eye, something that is (any color)."

Sandpaper Shapes: Cut shapes out of sandpaper, have your child trace the shapes with their finger, naming them while tracing.

Shape Sort: Using a wooden shape sorter, name the shapes, and have your child repeat after you. Then have them point to each shape as you name it. If they are able, have them name the shape.

Object Count: Count place settings, cups, shoes, etc. Alternatively, use small counting objects and count and sort.

Egg Carton Numbers: Number the sections of an egg carton, 1-12. Have your child place beans into each section, according to the quantity listed.

Number-Object Match: Using number cards 1-5 have your child place the correct amount of objects on each card.

Glitter Glue Numbers/Letters: Create glitter glue flashcards with your child. When they are dry, have your child trace the number or letter with their finger while naming it.

Clay Letters/Numbers: Form letters from clay, pipe cleaners, or similar object.

Salt/Sand Letters: Keep a small, lidded dish of salt or sand on hand. Show your child a letter or number and have them trace it in the salt/sand.

Letter Book: Each week, create a page to add to your letter book. Decorate the page with items starting with that letter, or a verse or poem that starts with the letter of the week. Use a variety of art mediums; paint, glue, crayons, card stock, etc.

Letter Memory: Show your child a card with a letter (or object) printed on it. Then hide the card, and have your child try to tell you what they saw. As they progress, add more letters/objects/numbers to hide for improved visual sequencing.

Phonetic Objects: Gather small objects and your moveable alphabet. Starting with ten or less object/letter matches, have your child match each object with the correct letter.

Kindergarten Readiness Checklist

COGNITIVE/SOCIAL SKILLS

- _____ Memorizes simple songs and verses
- _____ Identifies colors
- _____ Classifies objects (can sort silverware, socks, colors, etc.)
- _____ Follows up to three directions
- _____ Identifies pictures that are the same or different
- _____ Identifies sounds that are the same or different
- _____ Can identify opposites, i.e. big, little, wet, dry
- _____ Remembers number patterns (up to 5 digits)
- _____ Puts pictures in sequence
- _____ Anticipates next event or pattern
- _____ Can sit and listen for increasing amounts of time
- _____ Will listen to instructions
- _____ Completes tasks
- _____ Works independently
- _____ Accepts responsibility
- _____ Remembers name, age, parents name, and phone number

LANGUAGE SKILLS

- _____ Speaks in complete sentences
- _____ Can be understood by others most of the time
- _____ Uses words to express needs and wants
- _____ Understands two-step directions
- _____ Makes comparisons and describes relationships between objects such as
big/little, under/over and first/last
- _____ Enjoys listening to books being read
- _____ Can retell a story they have heard
- _____ Writes/recognizes their name
- _____ Can draw a picture to illustrate a story
- _____ Identifies letters of the alphabet
- _____ Identifies beginning sounds/phonograms

FINE MOTOR SKILLS

- _____ Uses a pencil or crayon with some control
- _____ Can use scissors
- _____ Uses a pencil or crayon to make markings on paper including lines, symbols and
attempts at alphabet letters
- _____ Copies basic shapes

FINE MOTOR SKILLS (cont)

_____ Does a simple puzzle

_____ Threads large beads

_____ Works puzzles

_____ Opens a jar

_____ Zips/buttons clothing

LARGE MOTOR SKILLS

_____ Runs

_____ Can jump with feet together

_____ Climbs stairs

_____ Bounces and tries to catch a ball

_____ Walks heel to toe

_____ Gallops

_____ Balances on either foot

_____ Hops on one foot

MATH SKILLS

_____ Counts objects from 1 to 10 without skipping numbers

_____ Names and recognizes basic shapes

_____ Understands more than and less than

_____ Can arrange three picture cards or objects in the right order (such as from smallest to biggest)

Alphabetical Memory Verses & Themes

Use these, or favorite poetry selections, to build the alphabet book with your preschooler. You can use the themes for additional activity ideas, if your child needs more to do than is included in the 26 weeks.

A

Apple snacks, crafts (glue red tissue paper bits to an apple shape). Visit an apple orchard.

*A word fitly spoken is like **apples** of gold in pictures of silver. Proverbs 25:11*

B

Honey bees, (yellow and black pompoms with pipe cleaner antenna.) butterflies, kindness.

***Be** kind to one another. Ephesians 4:32*

C

Children and families. Cut out pictures from magazines and glue to paper. Talk about five senses. Write out a family tree.

*Hear, ye **children** the instruction of a father, and attend to know understanding. Proverbs 4:1*

D

Family rules, practical life skills or chores, and expectations. Speaking clearly. Communication. Make a straw broom for a toy with gathered grass or pine needles, twine and a stick.

***Do** everything without complaining or arguing. Philippians 2:4*

E

Environmental stewardship, make a model earth with peanut butter and jelly rolled in crushed cereal or cocoa powder. Draw and color a globe.

*The Lord reigns, let the **earth** rejoice. Psalm 97:1*

F

Oceans, fish. Visit an aquarium or pet store. Buy a beta for a class pet. Use fish stickers and construction paper to create an aquarium picture.

*Or if he ask a **fish** will he give him a serpent? Matthew 7:10*

G

Goodness. Favorite things. Animals with letter G (goose, goat). Farm visit.

***Good** and upright is the Lord. Psalm 25:8*

H

Homes around the world. Glue popsicle sticks together to create a one dimensional house. Form drawing. Shapes.

*Unless the Lord builds the **house**, they labor in vain that build it. Psalm 127: 1*

I

Prepositions. Read *Go, Dog. Go!* Make a tent under a table and place toys in different positions (over, under, inside) naming each position. Noah's Ark. Draw an ark with crayons and place animals inside, over and under.

*The Lord said to Noah "Come thou and all thy house **into** the ark." Genesis 7:1*

J

Fruit and character traits. Comparison of sweetness of fruit and sweetness of love, joy and peace. Create a collage with fruit cut outs. Make a fruit salad together. Draw a still life of an orange and grapes.

*The fruit of the Spirit is love, **joy** peace. Galatians 5:22*

K

Imagination and fairy tales. Read the story of Cinderella. Play dress up. Draw a castle.

*Thy **kingdom** come, thy will be done. Matthew 6:10*

L

Neighborhoods. Love. Bake bread together and deliver it to a neighbor. Draw a map of your neighborhood together. Finger paint hearts. Bake heart shaped cookies.

*You shall **love** your neighbor as yourself. Matthew 22:39*

M

Quantities. Comparing many and few. Human body. Drawing faces.

*The lips of the righteous feed **many**. Proverbs 10:21*

N

Opposites. New and Old. Sort through your child's closet together and donate old clothes to a local charity. Shop for a new outfit. Nests. Look for a nest. Make rice cereal nests. Draw a bird and her nest.

*Behold, I make all things **new**. Revelation 21:5*

O

Tastes. Pull your spices out of the cupboard and allow your child to see and smell the different colors and smells. Talk about different tastes (sour, sweet, salty). Assemble tastes. Read about covered wagons, oxen, and transportation through history.

O, taste and see that the Lord is good. Psalm 34:8

P

Countries and cultures. Try foods from other countries. Make a picture of praying hands surrounded by flags from other countries.

Pray without ceasing. 1 Thessalonians 5:17

Q

Quiet time. Talk about the importance of rest. Make a quilt collage from different colored squares of paper. Review shapes. Visit a country fair and the displays of handmade quilts and clothing.

*In **quietness** and in trust shall be your strength. Isaiah 30:15*

R

Rocks and geology. Let your child paint rocks as people and furniture. Create a home for them with sidewalk chalk. Cut out circles from grey card stock and have your child glue together a "rock home."

*If ye then be **risen** with Christ seek those things which are above. Colossians 3:1*

S

Soup. Make Stone Soup together. Read about feasts and festivals. Sunflowers. Look at paintings of sunflowers together. Paint or crayon your own.

*For by grace ye have been **saved**. Ephesians 2:8*

T

Trees. Create a leaf rubbing. Glue leaves together onto card stock in the shape of an animal. Visit a national forest. Plant a tree.

Teach me to do your will. Psalm 143:8

U

Umbrellas. Using pipe cleaners and colored paper, create an umbrella page for your alphabet book. Sibling relationships. Talk about the importance of loyalty and teamwork amongst family members.

*How good and pleasant it is for brothers to dwell together in **unity**. Psalm 133:1*

V

Vines and grapes. Taste different varieties of grapes. Visit a vineyard. Create a grapevine wreath for your front door. Paint a still life of a fruit bowl. Make a fruit bowl from clay.

*I am the **vine**, you are the branches. John 15:5*

W

Birds and wings. Visit a zoo or estuary. Look for feathers. Make paper airplanes. Create nature art for your alphabet book with crayon rubbings of feathers.

*They that **wait** on the Lord, renew their strength. Isaiah 40:31*

X

Physical fitness. Plan a mini track meet or Olympics with your child. Practice walking on a line, throwing and catching. Take a nature hike. Read about the human body.

*Herein do I **exercise** myself to always have a conscience void of offense. Acts 24:16*

Y

Yaks and oxen. Read or listen to *Farmer Boy* by Laura Ingalls Wilder. Make a pretend yoke with a long stick, and small buckets. Practice drawing animals using Draw Write Now, or a similar tutorial.

*My **yoke** is easy and my burden is light. Matthew 11:30*

Z

Zoo visit to celebrate getting through the alphabet. Create a zoo with toy animals. Make a phonics object box and match the letters of the alphabet to toy animals or pictures of animals.

*It is good to be **zealously** affected always in a good thing. Galatians 4:18*

Alphabetical Book List

A

Ten Apples Up On Top by Theo LeSieg

How To Make An Apple Pie And See The World by Marjorie Priceman

B

The Bible In Pictures For Little Eyes by Kenneth N. Taylor

Blueberries For Sal by Robert McCloskey

The Runaway Bunny by Margaret Wise Brown

C

Caps For Sale by Esphyr Slobodkina

Corduroy by Don Freeman

Chicka Chicka Boom Boom by Bill Martin, Jr., John Archambault, and Lois Ehlert

D

If You Give A Dog A Donut by Laura Numeroff

Make Way For Ducklings by Robert McCloskey

E

Rechenka's Eggs by Patricia Polacco

An Egg Is Quiet by Dianna Hutts Aston

Nature Anatomy by Julia Rothman

F

Fish Out Of Water by Helen Palmer

Ten Little Fish by Audrey Wood

G

Good Night Gorilla by Peggy Rathmann

Goodnight Moon by Margaret Wise Brown & Clement Hurd

Go, Dog. Go! by P.D. Eastman

H

Harold And The Purple Crayon by Crockett Johnson

The Little House by Virginia Lee Burton

The Little Red Hen by Diane Muldrow, J.P. Miller

I

Ice Cream Summer by Peter Sis

Inch By Inch by Leo Lionni

Nature Anatomy by Julia Rothman

J

Sheep In A Jeep by Nancy Shaw

The Giant Jam Sandwich by John Vernon Lord

K

The Emperor And The Kite by Jane Yolen

A Kiss For Little Bear by Else Holmelund Minarik

L

Lola At The Library by Anna McQuinn

The Grouchy Ladybug by Eric Carle

M

Madeline by Ludwig Bemelmans

Are You My Mother? by P.D. Eastman

N

Noah's Ark by Peter Spier

At Night by Jonathan Bean

Christmas in Noisy Village by Astrid Lindgren

O

Ox-Cart Man by Donald Hall, Barbara Cooney

An Orange In January by Dianna Hutts Aston

Room For A Little One by Martin Waddell

P

The Story About Ping by Marjorie Flack, Kurt Wiese

The Night Before Christmas by Clement Clark Moore

The Year Of The Perfect Christmas Tree by Gloria Houston

Q

Queen Victoria's Bathing Machine by Gloria Whelan

The Quiltmaker's Gift by Jeff Brumbeau

R

Roxaboxen by Alice McLerran, Barbara Cooney

Red Riding Hood by James Marshall

S

Stone Soup by Marcia Brown

The Snowy Day by Ezra Jack Keats

T

A Tree Is Nice by Marc Simont, Janice Udry

A Time To Keep by Tasha Tudor

Nature Anatomy by Julia Rothman

U

Umbrella by Taro Yashima

Great Day For Up by Dr. Seuss

V

Zin! Zin! Zin! A Violin by Lloyd Moss

The Velveteen Rabbit by Margery Williams Bianco

W

The Snail and the Whale by Julie Donaldson

Wonderful Worms by Linda Glaser

X

Fox In Socks by Dr. Seuss

Hattie And The Fox by Mem Fox

Y

Yaks Yak by Linda Sue Park

Extra Yarn by Mac Barnett

Z

Put Me In The Zoo by Robert Lopshire

My Visit to the Zoo by Alike

Parent Education Book List

Simplicity Parenting by Kim John Payne

Montessori From the Start by Paula Polk Lillard, Lynn Lillard Jessen

Montessori in the Classroom by Paula Polk Lillard

The Successful Homeschool Family Handbook by Raymond and Dorothy Moore

The Out of Sync Child by Carol Kranowitz

Home Education by Charlotte Mason

Your Child's Growing Mind by Jane Healy

Last Child in the Woods by Richard Louv

Bountiful Homeschooling on a Budget by Jennifer Pepito

Slow and Steady, Get Me Ready by June Oberlander

Aa

WEEK 1

Letter A

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>How to Make An Apple Pie and See the World</i> by Marjorie Priceman	<i>Ten Apples Up On Top</i> by Theo LeSieg	A favorite alphabet book	<i>How to Make An Apple Pie and See the World</i> by Marjorie Priceman	Field trip day! Visit an apple orchard, small farm, bakery, or farmer's market
PHONICS	Make glitter glue A	Make lower case A in salt	Make upper and lower case A with clay	Trace letter A on dry glitter glue flash card	
COUNTING SKILLS	Count apples to 5	Count apples and cut one open to count the seeds	Gather various spices. Count the bottles, sniff, and name them (with caution)	Sort and count red and green pom poms	
FINE MOTOR SKILLS	Transfer cinnamon sticks from one jar to another	Cut open an apple and separate the seeds	Practice screwing lids on empty spice jars	Gather ingredients for Apple Crisp	
LARGE MOTOR SKILLS	Balloon toss between two people	Pom pom apple picking	Play farm. Have your child crawl and act out various animals	Stir Apple Crisp ingredients	
PRACTICAL LIFE SKILLS	Wash apples	Practice using measuring cups. Measure oatmeal or water	Introduce measuring spoons. Practice measuring salt	Make an Apple Crisp. Help with clean-up too	
ART SKILLS	Watercolor a tree	Glue red tissue paper scraps into an apple shape	Buy wheat seeds and glue them along with spices into large letter A printable	Add red fingerprints to the watercolor tree for apples	

Supplies - Letter Aa

Books

How To Make An Apple Pie And See The World by Marjorie Priceman
Ten Apples Up On Top by Theo LeSieg
An ABC Book (Apple Pie ABC, I Spy, An Alphabet In Art, or Alphabet City are a few we like)

Kitchen

10 apples (5 each of two different varieties)
Cinnamon Sticks
Assorted Spices
Empty Spice Jars
Wheat Seeds
Salt
Flour
Oatmeal
Butter
Cinnamon
Brown Sugar
Measuring Spoons
Measuring Cups

Craft / Hardware

Glitter Glue
Flat Container of Salt
Watercolor Paint
Paint Brush
Card Stock Paper
Glue
Balloon (red or green)
Tissue Paper (red or green)
Red Paint
*Play Dough
*Red and Green Pompoms
*Check out our blog for the DIY tutorials

TPP Printables

Letter A Flash Cards (two copies)
Large Letter A
Apple Crisp Recipe
Apple Template

MONDAY

Read Aloud

Read *How To Make An Apple Pie And See The World* by Marjorie Priceman. Have your child tell you the story in their own words.

Phonics

Make glitter glue letter A flash cards. Print out two copies of the letter flash cards. Apply glitter glue to one and let your child do the other one. When dry, this will become a multi-sensory flash card.

Counting Skills

Count apples to five. Sort two varieties of apples into groups of five.

Fine Motor Skills

Transfer cinnamon sticks from jar to jar.

Large Motor Skills

Toss a balloon with your child or children.

Practical Life Skills

Wash apples. If child is able, practice peeling the apple, or cutting an apple quarter into slices.

Art Skills

Watercolor paint a tree. Look for an easy to follow example in a picture book.

TUESDAY

Read Aloud

Read *Ten Apples Up On Top* by Theo LeSieg.

Phonics

Make lower case A in salt. Vocalize the three sounds of A; the “a” as in cat, the “a” as in apron, and the “a” as in ball.

Counting Skills

Count the apples again. Cut one open and count the seeds. Multiply the amount of seeds by the amount of apples and discuss the concept of estimating and multiplication.

Fine Motor Skills

As you do the counting skill activity, allow your child to transfer the seeds to a plate or dish. As you separate, discuss the different parts of an apple.

Large Motor Skills

Scatter red and green pom poms around the room, vary the height and location (place some on shelves where your child will stretch to reach, and some low, where your child will have to squat or crawl to reach). Have your child gather the pom-pom “apples” and throw them in a basket.

Practical Life Skills

Practice using measuring cups. Transfer water, oatmeal or rice from one bowl to another with the measuring cups.

Art Skills

Glue small squares of red or green tissue paper to the apple shape printable. Scrunch as you glue to make a textured apple shape.

WEDNESDAY

Read Aloud

Read a favorite alphabet book. As you read, vocalize the sound that each letter makes.

Phonics

Make upper and lowercase A with clay. Review letter sound, and name words beginning with short "a" sound.

Counting Skills

Gather various spices. Count the bottles. Sniff (with caution) and name them.

Fine Motor Skills

Practice screwing lids on empty spice jars. Point out that lids are round/circle shaped.

Large Motor Skills

Play Farm - have your child crawl and act out various animals.

Practical Life Skills

Introduce measuring spoons. Practice measuring salt.

Art Skills

Buy wheat seeds and glue them, along with spices, onto the Large Letter A template.

THURSDAY

Read Aloud

Read *How To Make An Apple Pie And See The World* by Marjorie Priceman. Point out named locations on a map or globe.

Phonics

Using your finger, trace letter “a” on dry, glitter glue flash card. Have your child imitate you, while saying the letter “a” sounds aloud.

Counting Skills

Sort red and green pom-poms. Count to ten for your child, and then let your child count with you.

Fine Motor Skills

Gather ingredients and recipe for apple crisp.

Large Motor Skills

With your child helping as they are able, make an apple crisp. Put all apple crisp topping ingredients in a bowl or ziplock bag. Allow your child to mix the ingredients, either squishing them together in the bag, or using a fork or pastry cutter to mix them in the bowl.

Practical Life Skills

Make apple crisp together, encourage your child to help with clean-up.

Art Skills

Add fingerprint apples to the watercolor tree that you painted on Monday.

Bb

W E E K 2

Letter B

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Blueberries For Sal</i> by Robert McCloskey	Read the creation story in <i>The Bible In Pictures For Little Eyes</i> by Kenneth N. Taylor	A favorite alphabet book	<i>The Runaway Bunny</i> by Margaret Wise Brown	Field Trip Day! Visit a u-pick berry farm, a blackberry patch, or a zoo
PHONICS	Make glitter glue B	Make lower case B in salt Review letter A in salt	Make upper and lower case A and B with clay	Gather objects that begin with letter B	
COUNTING SKILLS	Count berries up to 10	Gather toy animals and count them	Using toy animals, create pairs	Count the objects that you gathered for the phonics activity	
FINE MOTOR SKILLS	Continue the counting activity by sorting a variety of dried berries	Categorize animals by size	Pop bubble wrap or blow bubbles	Transfer bunny tails (cotton balls) using fingers, tweezers or chopsticks	
LARGE MOTOR SKILLS	Play Sal and the bear	Play Adam and the animals	Do a bean bag toss, or a beanie baby toss	Do a bunny hop with your child	
PRACTICAL LIFE SKILLS	Make berry smoothies	Organize toys and categorize by type	Match socks and put them away	Make a carrot cake or cupcakes with your child	
ART SKILLS	Watercolor a still life or a fruit bowl or jar of jam	Paint a sea and sky and add stickers to make a scene from the Creation story	Make a simple hand puppet with a mismatched sock	Make paper plate bunny masks	

Supplies - Letter Bb

Books

The Bible In Pictures For Little Eyes by
Kenneth N. Taylor

Blueberries For Sal by Robert McCloskey

The Runaway Bunny by Margaret Wise
Brown

An ABC Book (*So Many Bunnies* is a
favorite)

Kitchen

Baking Powder

Kefir or Yogurt (for smoothie)

Fresh, Frozen, or Dried Berries

Sugar

Cooking Oil (we often use coconut or
organic canola oil)

Eggs

Flour

Cinnamon

Baking Soda

Vanilla

Salt

Nutmeg

Shredded Carrots

Cream Cheese Frosting

Paper Plate

Around the House

Bubble Wrap or Bubbles for Blowing

Bean Bags or Beanie Babies

Mismatched Socks

Tweezers

Assorted Toy Animals

Objects that Begin with B

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Glue or Tape

Wild Animal Stickers

Googly Eyes

Cotton Balls

Large Craft Stick

TPP Printables

Letter B Flash Cards (two copies)

Large Letter B

Carrot Cake Recipe

Bunny Ears Template

MONDAY

Read Aloud

Read *Blueberries For Sal* by Robert McCloskey and then ask them to tell you about it in their own words. If they get stuck, ask questions that require more than a one word answer.

Phonics

Print two of the included flashcard. Have your child apply glitter glue to one, while you apply to the other. No pressure on them to do it perfectly, and when they dry, they will make a great multi-sensory flash card. You could start with printing and then switch to cursive later, or do both.

Counting Skills

Count berries to 10. Fresh, dried or frozen. Transfer between mason jars or small tin pails as you count.

Fine Motor Skills

Add a few more types of dried or fresh berries and have your child sort the berries into categories.

Large Motor Skills

Play Sal and the Bear. Take turns crawling on hands and knees as the baby bear and sneaking up on Mother. Watch for cross pattern crawl (alternating hands and knees, i.e., right arm, left leg, left arm, right leg) Cross pattern movement is very important for lower level brain organization upon which coordination and thinking skills are built. We will do a lot of cross patterns in this curriculum.

Practical Life Skills

Make berry smoothies. Combine equal parts kefir or yogurt and frozen berries in a blender for a healthy and refreshing treat. Allow your child to help by adding pre-measured ingredients.

Art Skills

Watercolor paint a still life of some berries and a jar of jam. Point out how drawing a circle that is slightly squished helps give a jar or round berries dimension.

TUESDAY

Read Aloud

Read the creation story in *The Bible in Pictures for Little Eyes* by Kenneth N. Taylor. Discuss the variety of animals.

Phonics

Make lower case B in salt. Review letter A in salt also. First show your child the letter and demonstrate copying it in the salt. Then allow them to copy. No pressure, if they are having fun, let them do it a few times, but if not, just put it away for the day.

Counting Skills

Gather toy animals and count them. Beanie Babies, Shleich, etc.

Fine Motor Skills

Categorize the animals by size. Discuss animal families. Categorize by family.

Large Motor Skills

Play Adam and the animals. Choose one person to be Adam. Act out different animals and let Adam name them. Pretend to fly like birds, slither like snakes, and crawl like cats. Watch for cross pattern creeping and gently demonstrate.

Practical Life Skills

Organize toys. Categorize (or re-categorize) by type. Discuss categories.

Art Skills

Wet on wet watercolor paint a sea and sky (have your child pre-paint watercolor paper with water only, then give your child a blue and a green drop of watercolor paint for their sea/sky.) When it is dry, add stickers of birds, fish and animals for a scene from creation. Add a lower case and capital letter B, and the verse, "In the beginning, God created the heavens and the earth." Genesis 1:1.

WEDNESDAY

Read Aloud

Read a favorite alphabet book. Flash all letters and their sound. Allow your child to repeat, but don't force it.

Phonics

Using your flash cards as a model, make an upper and lower case A and B in clay.

Counting Skills

Using toy animals, create pairs. Alternatively, count pairs of shoes, pairs of socks, etc.

Fine Motor Skills

Pop bubble wrap or blow bubbles.

Large Motor Skills

Do a bean bag toss, or a beanie baby toss.

Practical Life Skills

Match socks and put them away.

Art Skills

Make a simple hand puppet with a mismatched sock. Draw a face, glue or safety pin on yarn hair.

THURSDAY

Read Aloud

Read *The Runaway Bunny* by Margaret Wise Brown.

Phonics

Gather objects that begin with the sound of B. Place them near the glitter glue B that you made on Monday. Trace glitter glue B with your finger, and then have your child imitate you while vocalizing the sound of B.

Counting Skills

Count the objects that you gathered for the phonics activity.

Fine Motor Skills

Transfer bunny tails (cotton balls) using fingers, tweezers or chopsticks.

Large Motor Skills

Do a bunny hop race with your child. Act out some of the other movements that mama bunny does.

Practical Life Skills

Make a carrot cake or cupcakes with your child. See included recipe.

Art Skills

Make paper plate bunny masks. Using a circular paper plate and bunny ear template, allow your child to decorate the plate with eyes, nose, and whiskers. Glue squares of pink tissue paper in the center of the ears. Cut holes for eyes, and then tape or glue on the ears. Lastly, glue a large craft stick as a handle.

Cc

WEEK 3

Letter C

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Caps For Sale</i> by Esphyr Slobodkina	"The Cow" by Robert Louis Stevenson	<i>Chicka Chicka Boom Boom</i> by Bill Martin, Jr., John Archambault, and Lois Ehler	<i>Corduroy</i> by Don Freeman	Field trip day! Visit a thrift store or department store. Give your child a small budget to buy a new toy.
PHONICS	Make glitter glue C	Make lower case C in salt Review letters A and B in salt	Make upper and lower case A, B, and C with clay	Gather objects that begin with C	
COUNTING SKILLS	Gather all hats and caps from around the house and count them	Gather wildflowers and count them	Have your child match upper and lower case A, B, and C flash cards and count each pair	Gather favorite toys to make a department store	
FINE MOTOR SKILLS	Gather coins from around your house and sort them	Make a bouquet with leftover flowers and a few gathered twigs or grasses	Give your child a moveable alphabet to play with	Set up a simple button sewing activity	
LARGE MOTOR SKILLS	Walk around your yard or a park and find trees that could be climbed	Make whipping cream	With supervision, practice climbing a ladder or tree	Practice walking and running up the stairs	
PRACTICAL LIFE SKILLS	Organize the caps you collected and donate extras	Identify weeds and flowers in your yard Pick a few weeds	Talk about proper care for scratches Pretend to bandage a toy	Have a tea party with your toys	
ART SKILLS	Watercolor a scene from the book	Make a flower collage from the petals you counted	Draw a palm tree with your child	Have your child cut out a scarf from felt for their toy	

Supplies - Letter Cc

Books

Caps For Sale by Esphyr Slobodkina

Corduroy by Don Freeman

Chicka Chicka Boom Boom by Bill Martin, Jr., John Archambault, and Lois Ehler

Kitchen

Cream

Powdered Sugar

Vanilla

Tea Party Supplies

Around the House

Hats and Caps

Coins

Wildflowers, Daisies, or Chrysanthemums

Jar

Band-aids

Stairs

Park with Trees or Ladders

Craft / Hardware

Glitter Glue

Flat Container of Salt Watercolor

Paint

Paint Brush

Card Stock Paper

Needle

Thread

Square of cloth

Small embroidery hoop

Glue

Construction Paper

ABC Stickers

Large Button

Scissors

Felt

TPP Printables

Letter C Flash Cards (two copies)

Large Letter C

Whipped Cream Recipe

"The Cow" Poem

MONDAY

Read Aloud

Read *Caps For Sale* by Esphyr Slobodkina. Ask them to tell you about it in their own words. If they get stuck, ask questions that require more than a one word answer.

Phonics

Print two of the included flash card. Have your child apply glitter glue to one, while you apply to the other. No pressure on them to do it perfectly, and when they dry, they will make a great multi-sensory flash card. You could start with printing and then switch to cursive later, or do both.

Counting Skills

Gather all the hats and caps from around the house. Count them .

Fine Motor Skills

Gather coins from around your house and sort them with your child. Name the value as you sort.

Large Motor Skills

Walk around your yard or a park and find trees that could be climbed. Imagine all the monkeys in the tree. Climb a tree or playground equipment. Use caution.

Practical Life Skills

Organize the caps you collected. Donate extras.

Art Skills

Watercolor paint a scene from the book. Point out that the tree is unpainted white space.

TUESDAY

Read Aloud

Read the poem, "The Cow" by Robert Louis Stevenson.

Phonics

Make lower case C in salt. Review letter A and B also. First show your child the letter and demonstrate copying it in the salt. Then allow them to copy. No pressure, if they are having fun, let them do it a few times, but if not, just put it away for the day.

Counting Skills

Gather wildflowers and count them, alternatively, count flower petals on a daisy or chrysanthemum. Talk about the colors as well. Save the petals for your art project.

Fine Motor Skills

Make a bouquet with the leftover flowers and a few gathered twigs or grasses.

Large Motor Skills

Make whipping cream. Place some heavy cream in a jar. Take turns shaking with your child, be careful you don't turn it into butter! Alternatively, see the included recipe.

Practical Life Skills

Identify weeds and flowers in your yard. Pick a few weeds and compost them.

Art Skills

Make a flower collage from the petals that you counted. Or watercolor a flower with petals. Add a line from the poem, along with an upper and lower case C.

WEDNESDAY

Read Aloud

Read *Chicka Chicka Boom Boom* by Bill Martin, Jr., John Archambault, and Lois Ehler.

Flash all letters and their sound. Allow your child to repeat, but don't force it.

Phonics

Using your flash cards as a model, make an upper and lower case A and B and C with clay.

Counting Skills

Have your child match upper and lower case A, B, and C flash cards. Count each pair.

Fine Motor Skills

Give your child a moveable alphabet to play with. Allow them to manipulate the letters and name and sound them out as they touch them.

Large Motor Skills

With supervision, practice climbing a ladder or a tree.

Practical Life Skills

Talk about proper care for scratches. Pretend to bandage a toy.

Art Skills

Draw a palm tree with your child. Give them ABC stickers to decorate the tree with.

THURSDAY

Read Aloud

Read *Corduroy* by Don Freeman.

Phonics

Gather objects that begin with the sound of C. Place them near the glitter glue C that you made on Monday. Trace glitter glue C with your finger, and then have your child imitate you while vocalizing the sound of C.

Counting Skills

Gather favorite toys to make a department store as depicted in the book. Allow your child to “buy” toys for one cent each.

Fine Motor Skills

Set up a simple button sewing activity. Give your child a square of cloth in a small embroidery hoop, with a threaded needle and a button. Start by showing them how, and then allow them to make a few stitches of their own.

Large Motor Skills

Practice walking and running up stairs.

Practical Life Skills

Have a tea party with your child(ren) and their toys. Allow them to set the table and clear it, with supervision.

Art Skills

Have your child cut out a scarf from felt for her toy. Show her how to cut the ends to make fringe.

The Cow

by Robert Louis Stevenson

The friendly cow all red and white,
I love with all my heart:
She gives me cream with all her might,
To eat with apple-tart.

She wanders lowing here and there,
And yet she cannot stray,
All in the pleasant open air,
The pleasant light of day;

And blown by all the winds that pass
And wet with all the showers,
She walks among the meadow grass
And eats the meadow flowers.

Dd

WEEK 4

Letter D

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>If You Give A Dog A Donut</i> by Laura Numeroff	The Golden Rule	A favorite alphabet book	<i>Make Way For Ducklings</i> by Robert McCloskey	Field Trip Day! Visit a pond or lake and feed the ducks with your leftover bread crumbs
PHONICS	Make glitter glue D	Make lower case D in salt Review letters A, B, and C in salt	Make upper and lower case A, B, C, and D with clay	Practice writing the first letters of the alphabet on a chalkboard or wipe off board	
COUNTING SKILLS	Open a package of small donuts and count them	Brainstorm 10 good deeds with your child	Match the moveable alphabet with your flash cards	Discuss fractions as you cut bread into squares	
FINE MOTOR SKILLS	Make a dozen donuts out of clay	Make a simple bird feeder	Place moveable alphabet pieces in a paper bag and sound them out	Practice cutting bread with a butter knife and cutting board	
LARGE MOTOR SKILLS	Act out the story Go outside, pick up a ball and toss it, do a happy dance	Think up a good deed to do around your neighborhood	Make an obstacle course	Play "Follow the Leader"	
PRACTICAL LIFE SKILLS	Practice pouring apple juice or water	Using the good deed idea, work with your child on learning a new skill	Teach your child how to properly move a chair or table	Using half of the bread cubes, make a simple lunch strata with your child	
ART SKILLS	Make a kite	Make a card to send to a friend who needs encouragement	Using Large Letter D template, glue dried alphabet soup noodles into the D shape	Point out that the drawings in the book are simple ink and paper drawings	

Supplies - Letter Dd

Books

If You Give A Dog A Donut by Laura Numeroff

Make Way For Ducklings by Robert McCloskey

Bible

An ABC Book

Kitchen

Small Package of Donuts

Small Pitcher

Apple Juice

Heavy Bottomed Glass Cups

2 Liter Bottle

Knife or Scissors

Alphabet Noodles

Loaf of Bread

Butter Knife

Eggs

Shredded Cheese

Paper Plate

Chopped Mixed Veggies

Pepper

Onion

Cream

Butter

Salt

Oven Safe Casserole Dish

Around the House

Chalkboard or Wipe off Board

Moveable Alphabet

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Glue

String

Ribbon

Fine Line Pen

Fat Quarter or Light Fabric or Trash Bag
or Newspaper

Markers

Tie or Tape

Felt

Clay or Play-dough

TPP Printables

Letter D Flash Cards (two copies)

Large Letter D

Strata Recipe

DIY Kite Tutorial

Paper Plate Kite Tutorial

Bottle Bird Feeder Printable

MONDAY

Read Aloud

Read *If You Give A Dog A Donut* by Laura Numeroff.

Phonics

Print two of the included D flash card. Have your child apply glitter glue to one, while you apply to the other. No pressure on them to do it perfectly, and when they dry, they will make a great multi-sensory flash card. You could start with printing and then switch to cursive later, or do both.

Counting Skills

Open a package of small donuts. Count them. Or gather balls from around the house and count.

Fine Motor Skills

Make a dozen donuts out of clay.

Large Motor Skills

Act out the story. Go outside, pick up a ball and toss it, do a happy dance, etc.

Practical Life Skills

Practice pouring apple juice or water. Eat a mini donut with your juice.

Art Skills

Make a kite. See included tutorials.

TUESDAY

Read Aloud

Read The Golden Rule, "So whatever you wish that others would do to you, do also to them."Matthew 7:12.

Phonics

Make lower case D in salt. Review letter A, and B, and C also. First show your child the letter and demonstrate copying it in the salt. Then allow them to copy.

Counting Skills

Brainstorm 10 good deeds with your child. Write them down in a numbered list as you brainstorm. Point out to your child that numbers have a symbol.

Fine Motor Skills

With your child, cut holes in a 2 liter bottle for a simple bird feeder. Fill with bird seed using a small scoop and funnel.

Large Motor Skills

Think up a good deed to do around your neighborhood. Raking leaves, or walking a dog with a neighbor are a few ideas.

Practical Life Skills

Using the good deed idea, work with your child on learning a practical new skill. If possible provide your child with a child-sized tool, such as a rake or broom to help with their good deed.

Art Skills

Make a card to send to a friend who needs encouragement.

WEDNESDAY

Read Aloud

Read a favorite alphabet book. Then flash all letters and their sound. Allow your child to repeat, but don't force it.

Phonics

Using your flash cards as a model, make an upper and lower case A, B, C and D.

Counting Skills

Using your moveable alphabet and flash cards, match the moveable letter to the flash card. Count the pairs.

Fine Motor Skills

Give your child a moveable alphabet to play with. Allow them to manipulate the letters, and name and sound them out, as they touch them.

Large Motor Skills

Make an obstacle course with your child. Place stools, toy bins, and baskets in a line for your child to hop over or crawl under. Allow them a specified number of moves forward for each letter that they recognize.

Practical Life Skills

Teach your child how to properly move a chair or small table, without sliding them across the floor, etc.

Art Skills

Using the Large Letter D template, glue dried alphabet soup noodles, and other pasta into the D shape.

THURSDAY

Read Aloud

Read *Make Way For Ducklings* by Robert McCloskey.

Phonics

Practice writing the first letters of the alphabet on a chalkboard or wipe off board. Parents write them first and allow your child to copy or trace.

Counting Skills

Discuss fractions as you cut bread slices into squares. Count how many squares you get from each slice. Save bread for later.

Fine Motor Skills

Give your child a butter knife and a cutting board to help with cutting up bread slices. Alternatively, have them tear the bread.

Large Motor Skills

Play "Follow The Leader". Each of you take turns with various movements, including marching, hopping, crawling, and creeping.

Practical Life Skills

Using half the bread cubes, make a simple lunch strata with your child. See included recipe.

Art Skills

Point out that the drawings in the book are simple ink and paper drawings. Allow your child to copy one of the illustrations. Point out lines and circles.

Ee

WEEK 5

Letter E

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Rechenka's Eggs</i> by Patricia Polacco	"Nest Eggs" by Robert Louis Stevenson	A favorite ABC book	<i>An Egg Is Quiet</i> by Dianna Hutts Aston	
PHONICS	Make glitter glue E	Make lower case E in salt Review previous letters also	Make upper and lower case A, B, C, D, and E with clay	Write your child's name	
COUNTING SKILLS	Number the spaces in an egg carton, 1-12	Show your child a dozen eggs and count them together	Write the numbers 1-5 on a chalkboard	Count the eggs in the book	
FINE MOTOR SKILLS	See counting activity	Make eggs and a nest from clay	Build sculptures with mini marshmallows and toothpicks	Transfer beans from nest to nest	
LARGE MOTOR SKILLS	Egg roll	Walk a line	Practice skipping and galloping with your child	Mimic movements of the animals in <i>An Egg is Quiet</i>	
PRACTICAL LIFE SKILLS	Tidy and dust a room together while reviewing shapes	Talk about how birds sing as they work Sing a simple song together	Clean windows together using a natural cleaner	Make deviled eggs with your child	
ART SKILLS	Dye hard boiled eggs using food coloring and vinegar	Watercolor a bird and nest	Glue bird seed onto the Large Letter E printable	Wet on wet watercolor a piece of card stock using a variety of colors	

Supplies - Letter Ee

Books

Rechenka's Eggs by Patricia Polacco

An Egg Is Quiet by Dianna Hutts Aston

Nature Anatomy by Julia Rothman

An ABC Book

Kitchen

Mayo

Mustard

Salt and Pepper

Paprika / Chili Powder

Jelly Beans / Egg Shaped Candy

Rubbing Alcohol

Peppermint Essential Oil

Hard Boiled Eggs

Egg Carton

Food Coloring

Vinegar

Mini Marshmallows

Toothpicks

Dried Beans

Small Dishes

Around the House

Chalkboard

Counters or Coins

Tweezers

Bird Seed

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Scissors

TPP Printables

Letter E Flash Cards (two copies)

Large Letter E

Deviled Eggs Recipe

Natural Glass Cleaner DIY

"Nest Eggs" Poem

MONDAY

Read Aloud

Read *Rechenka's Eggs* by Patricia Polacco.

Phonics

Print two of the included E flash card. Have your child apply glitter glue to one, while you apply to the other. No pressure on them to do it perfectly, and when they dry, they will make a great multi-sensory flash card.

Counting Skills

Number the spaces in an egg carton, 1-12. With your child, place the right amount of beans, pennies or other counter into each space.

Fine Motor Skills

See counting activity.

Large Motor Skills

Egg Roll. Using a hard boiled egg or a small balloon, roll the object across the floor without using your hands.

Practical Life Skills

Tidy and dust a room together. As you dust, review shapes with your child.

Art Skills

Dye hard boiled eggs using food coloring and vinegar.

TUESDAY

Read Aloud

Read the poem, "Nest Eggs" by Robert Louis Stevenson.

Phonics

Make lower case E in salt. Review letter previous letters also.

Counting Skills

Show your child a dozen eggs. Count them together. If you have a carton with a few missing, you can demonstrate simple subtraction .

Fine Motor Skills

Make eggs and a nest from clay. Review colors as you make your eggs.

Large Motor Skills

Walk a line. Draw a line with chalk, or walk a crack in concrete or a curb at the park. Practice walking forwards and backwards with out falling off.

Practical Life Skills

Talk about how birds sing as they work. Sing a simple song with your child while you pick up toys together. ("The ABC Song", ".Jesus Loves Me", "If You're Happy and You Know It")

Art Skills

Watercolor a bird and nest. The book, *Nature Anatomy* by Julia Rothman is great for ideas.

WEDNESDAY

Read Aloud

Read a favorite alphabet book.

Phonics

Using your flash cards as a model, make an upper and lower case A-E with clay.

Counting Skills

Write the numbers 1-5 on a chalkboard.
Have your child match correct amounts of objects to each written number.

Fine Motor Skills

Build sculptures with mini marshmallow and toothpicks.

Large Motor Skills

Practice skipping and galloping with your child.

Practical Life Skills

Clean windows together. Use the included recipe, or a Norwex window cleaner.

Art Skills

Glue bird seed onto the Large Letter E template.

THURSDAY

Read Aloud

Read *An Egg Is Quiet* by Dianna Hutts Aston.

Phonics

Name writing. Write your child's name. Sound out each letter. Allow them to copy you on a small chalkboard or paper. Review letter sounds by tracing glitter glue letters with index finger.

Counting Skills

Count the eggs in the book. Discuss the differences in size and shape. Or, count jelly beans or other egg shaped candies to 10.

Fine Motor Skills

Collect a small dish of dried beans. Allow your child to transfer the beans using chopsticks or a tweezer. Pretend they are moving from one nest to another.

Large Motor Skills

Mimic movements of the animals in *An Egg Is Quiet*, i.e. Penguins waddle, tortoises crawl, hummingbirds fly.

Practical Life Skills

Make deviled eggs with your child. See included recipe.

Art Skills

Wet on wet watercolor a piece of card stock, using a variety of colors. When dry, cut into egg shapes. Create an alphabet match game with your egg shapes.

Nest Eggs

by Robert Louis Stevenson

Birds all the summer day
Flutter and quarrel
Here in the arbour-like
Tent of the laurel.

Here in the fork
The brown nest is seated;
For little blue eggs
The mother keeps heated.

While we stand watching her
Staring like gabies,
Safe in each egg are the
Bird's little babies.

Soon the frail eggs they shall
Chip, and upspringing
Make all the April woods
Merry with singing.

O children, and frailer,
Soon in the blue air they'll be,
Singer and sailor.

We, so much older,
Taller and stronger,
We shall look down on the
Birdies no longer.

They shall go flying
With musical speeches
High overhead in the
Tops of the beeches.

In spite of our wisdom
And sensible talking,
We on our feet must go
Plodding and walking.

Ff

W E E K 6

Letter F

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Fish Out Of Water</i> by Helen Palmer	<i>Jonah and the Whale</i> from a children's Bible	A favorite ABC book <i>Fish</i> by Liam Francis Walsh is one suggestion	<i>Ten Little Fish</i> by Audrey Wood	Field Trip Day! Go fishing, or visit an aquarium or fish ladder
PHONICS	Make glitter glue F Practice name writing	Make lower case F in salt	Make lower case A-F with clay	Name writing Write your child's name and allow them to copy	
COUNTING SKILLS	Gold fish count	Gather toy sea creatures and sort by size Match with numerals	Write the numbers 1-5 on a chalkboard	Read the book again, allowing your child to do the counting	
FINE MOTOR SKILLS	Make a fish bowl sensory bin	Make a fishing pole out of a chopstick, string, and magnet	Tracing or lacing cards	Using a straw and goldfish crackers, blow the fish off of a table and into a cake pan	
LARGE MOTOR SKILLS	Play a carnival fishing game	Go swimming if the weather permits	Practice kicking a ball	Play Sea World on land or in a pool	
PRACTICAL LIFE SKILLS	Pet care instruction	Work on cleaning the bathroom together	Review a skill - window cleaning, dusting, or matching socks	Make Fish in a River snacks	
ART SKILLS	Paper plate fish bowl craft	Watercolor a famous painting from the sea	Make a raft from popsicle sticks	Fish painting	

Supplies - Letter Ff

Books

Fish Out Of Water by Helen Palmer

Ten Little Fish by Audrey Wood

An ABC Book (*Fish* by Liam Francis Walsh is a good suggestion)

Kitchen

Rubbing Alcohol or Vodka

Essential Oil

Natural Dish Soap

Vinegar

Baking Soda

Dr. Bronners

Chopstick

Cream Cheese

Celery

Paper Plates

Goldfish Crackers

Around the House

Chalkboard

Fish Bowl or Glass Bowl

Toy Fish

Aquarium Fillers (rock, sand, small toy boat)

Lacing Cards

Clothespin

Straw

Ball

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Clay

Construction Paper

Scissors

Yarn

String

Green Pipe Cleaners

Tape

Popsicle Sticks

Tempura Paint

Magnet

TPP Printables

Letter F Flash Cards (two copies)

Large Letter F

Natural Cleaner DIY

Number Cards

The Gulf Stream by Winslow Homer

MONDAY

Read Aloud

Read *Fish Out Of Water* by Helen Palmer.

Phonics

Print two of the included F flash card. Have your child apply glitter glue to one, while you apply to the other. No pressure on them to do it perfectly, and when they dry, they will make a great multi-sensory flash card.

Counting Skills

Gold fish count. Match included numerals printed on card stock with quantities of gold fish.

Fine Motor Skills

Make a fish bowl sensory bin. Using a large glass bowl or fish bowl, add toy fish, aquarium fillers such as colored rocks or sand, a small toy boat, and if desired, real water. Allow your child to explore concepts such as sink/float and wet/dry as they play.

Large Motor Skills

Play carnival fishing game. Create a fishing pole from a stick, string, and a clothespin. Allow your child to sit in a laundry basket

Large Motor Skills (cont)

boat while they fish for letters on the ground, or set up a “sheet ocean” over a couple chairs and allow them to throw the fishing pole line into the “water”. Pin a letter on for them and identify the sound with them.

Practical Life Skills

Pet care instruction. Talk about caring for a pet you already have or consider purchasing one. A beta makes a very low maintenance pet.

Art Skills

Paper plate fish bowl craft. Cut a circle from the middle of a paper plate. Cut a larger circle from a laminating sheet or a sheet protector and tape into the circle in the paper plate. On the other paper plate (facing up) glue an aquarium scene. Cut fish out of colored paper, glue a few colored rocks from your sensory bin aquarium and create some seaweed out of green paper or pipe cleaners. Glue or tape the two paper plates together, with tops facing each other. Staple a piece of yarn to the back so you can hang your aquarium.

TUESDAY

Read Aloud

Read the story of *Jonah and the Whale* from a children's Bible.

Phonics

Make lower case F in salt. Review previous letters also. Begin writing the letters if your child is ready, using a chalkboard or white board.

Counting Skills

Gather toy sea creatures. Sort by size. Count and match amounts with numerals.

Fine Motor Skills

Make a "fishing pole" out of a chopstick, string and a magnet. Fish for metal objects.

Large Motor Skills

Go swimming if weather permits, or practice swimming patterns such as breast stroke and free style.

Practical Life Skills

Work on cleaning the bathroom together. Use safe cleaning products such as soap and water, baking soda, or essential oils.

Art Skills

Watercolor paint a famous painting from the sea. *The Long Leg* by Edward Hopper or *The Gulf Stream* by Winslow Homer are two suggestions. Add an upper and lower case F to the finished painting for your alphabet book.

WEDNESDAY

Read Aloud

Read a favorite ABC book. *Fish* by Liam Francis Walsh is one suggestion.

Phonics

Trace glitter glue letters while repeating the sound. Using your flash cards as a model, make lower case A-F with clay. If your child is ready, create simple words with your clay letters. (fed, bed, cab, bad)

Counting Skills

Write the numbers 1-5 on a chalkboard. Find objects to match with the numerals.

Fine Motor Skills

Tracing or lacing cards. Purchase pre-made lacing cards and stencils or make your own by printing and laminating large fish shapes and then punching holes around the edge. Use a shoe lace for lacing.

Large Motor Skills

Practice kicking a ball. Create a goal for them to kick it toward.

Practical Life Skills

Review a skill: window cleaning, dusting, or matching socks. Brainstorm a chore list for your child.

Art Skills

Make a raft from popsicle sticks. Float it in your fish bowl sensory bin. See how many things you can put on it before it sinks

THURSDAY

Read Aloud

Read *Ten Little Fish* by Audrey Wood.

Phonics

Name writing. Write your child's name. Allow them to copy.

Counting Skills

Read the book again, allowing your child to do the counting.

Fine Motor Skills

Using a straw and goldfish crackers, blow the fish off a table into a cake pan or ocean sensory bin. Blowing through a straw helps with the mouth strength necessary for clear articulation.

Large Motor Skills

Play Sea World on land or in a pool, pretend to be a seal or killer whale. Catch a ball, jump through a hula hoop, or do rolls.

Practical Life Skills

Make "Fish in the River". Wash and cut 2-3" lengths of celery. Fill the celery sticks with cream cheese, and add goldfish crackers to depict fish swimming in a river .

Art Skills

Fish Painting. Draw a simple fish outline. Allow your child to make scales for the fish by dipping the cut end of celery into paint and stamping onto the fish.

Gg

WEEK 7

Letter G

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Go, Dog. Go!</i> by P.D. Eastman	<i>Good Night Gorilla</i> by Peggy Rathmann	A favorite ABC book	<i>Goodnight Moon</i> by Margaret Wise Brown & Clement Hurd	Field Trip Day! Invite friends over for a pajama party
PHONICS	Make glitter glue G	Make lower case G in salt Review previous letters	Make clay letters that your child needs to review	Name writing	
COUNTING SKILLS	Introduce auditory sequences	Gather toy zoo animals and count them	Create glitter glue numeral cards 1-10 with your child	Using the glitter glue numeral cards, review 1-10	
FINE MOTOR SKILLS	Memory game	Deep pressure massage for hands	Scissor tasks	Create pictures from pattern blocks	
LARGE MOTOR SKILLS	Preposition game	Act out the book	Work on basic large motor skills	Work on long jumps	
PRACTICAL LIFE SKILLS	Research natural flea and insect repellents with your child	Room cleaning - the zoo keeper has a very tidy room	Work on floor care skills	Make porridge or puppy chow	
ART SKILLS	Decorate a hat	Design the overhead view of a zoo with your child	Create a letter G page for your alphabet book	Introduce finger knitting or knitting with needles	

Supplies - Letter Gg

Books

Good Night Gorilla by Peggy Rathmann
Goodnight Moon by Margaret Wise Brown
& Clement Hurd
Go, Dog. Go! by P.D. Eastman
An ABC Book

Kitchen

Flax / Chia
Cinnamon
Water
White Vinegar
Lavender Essential Oil
Chex Mix or Organic Equivalent
Chocolate Chips
Peanut Butter
Butter
Powdered Sugar
Salt
Vanilla
Oatmeal
Dried Fruit
Milk
Chopped Seeds or Nuts
Brown Sugar

Around the House

Small Toys: dog, boat, car, hat, tree, etc.
Straw Hat

Around the House (cont)

Silk Flowers or Feathers
Toy Zoo Animals
Pattern Blocks

Craft / Hardware

Glitter Glue
Flat Container of Salt
Watercolor Paint
Paint Brush
Card Stock Paper
Hot Glue Gun and Glue
Knitting Needle
Posterboard
Clay
Scissors
Contruction Paper
Yarn

TPP Printables

Letter G Flash Cards (two copies)
Large Letter G
Porridge Recipe
Puppy Chow Recipe
Preposition Cards
Room Checklist Printable
Number Cards

MONDAY

Read Aloud

Read *Go, Dog. Go!* by P.D. Eastman.

Phonics

Print two of the included G flash card. Have your child apply glitter glue to one, while you apply to the other.

Counting Skills

Introduce Auditory Sequences, these work on a needed skill for word decoding. Start with auditory object sequences. Name three objects slowly. Allow your child to repeat after a short pause. For example- Spoon, cup, fork. Then child repeats. If object sequences are easy, move to number sequences. Name three numerals out of numeric order; 3, 1, 4. Allow your child to repeat. Increase the quantity of numerals as they grow in ability. This activity can be repeated at random times throughout the day, and is especially helpful for children who struggle with retention of new information .

Fine Motor Skills

Memory Game-This activity is similar to the auditory sequences, but works on visual sequences, another needed skill for reading.

Fine Motor Skills (cont)

Gather small objects related to the book; a toy boat, toy dog, Play-mobile tree, toy car, toy hat, etc. Hide the objects under a cloth napkin. Lift the napkin for 5-10 seconds and allow your child to study them. Cover or hide the objects again and ask your child to recount what he/she saw.

Large Motor Skills

Preposition Game: Print out the prepositional words, laminate and cut. Allow your child to draw a card, read it to them, and ask them to act out the word by going over, under, inside, outside, etc.

Practical Life Skills

Research natural flea and insect repellents with your child. One recipe calls for 1 c. water, 1 T. vinegar and 20 drops of mint or lavender essential oil.

Art Skills

Decorate a hat- Purchase a hat from a thrift store or dollar store, along with silk flowers or gathered leaves and flowers. Parents- hot glue the items to the hat after your child arranges them.

TUESDAY

Read Aloud

Read *Good Night Gorilla* by Peggy Rathmann.

Phonics

Make clay letters that your child needs to review. Depending on readiness, switch to reviewing on glitter glue flash cards or writing on a chalkboard. Make simple words using the letters they have learned.

Counting Skills

Gather toy zoo animals and count them. Match quantities with numerals. Work on adding quantities using the animals as counters.

Fine Motor Skills

Deep pressure massage for hands: Gently squeeze each digit on your child's hand, starting with the thumbnail and working up the digit until you reach the hand. Repeat for each digit, and end by squeezing the palm of the hand and working outward.

Large Motor Skills

Act out the book. Take turns with your child being the animals and the zoo keeper. Allow your child time enough to crawl, and watch for a cross pattern for maximum brain benefit.

Practical Life Skills

Room cleaning - The zoo keeper has a very tidy room. Help your child learn to make their bed and keep their room clean, especially underneath the bed.

Art Skills

Using a large poster board, design the overhead view of a zoo with your child. Paint it, and when dry, bring out your toy zoo animals to play.

WEDNESDAY

Read Aloud

Read an ABC book aloud.

Phonics

Make clay letters that your child needs to review. Depending on readiness, switch to reviewing on glitter glue flash cards or writing on a chalkboard. Make simple words using the letters they have learned.

Counting Skills

Create glitter glue numeral cards 1-10 with your child. Add dots to correspond with numeral.

Fine Motor Skills

Scissor Tasks- Draw zigzags and lines on construction paper. Allow your child to cut. Watch for proper hand hold of scissors.

Large Motor Skills

Work on basic skills. Can your child self propel on a swing? Has skipping and galloping been learned? Work on these skills.

Practical Life Skills

Work on floor care skills. Sweep with a small broom and dustpan, or teach them how to use a canister vacuum.

Art Skills

Create a letter G page for your alphabet book. Wet on wet watercolor a sheet of paper. Parents cut an upper case G out (child if ready) and then glue to construction paper. Add a lower case G.

THURSDAY

Read Aloud

Read *Goodnight Moon* by Margaret Wise Brown & Clement Hurd.

Phonics

Name writing. Write your child's name. If ready, compose simple words from moveable alphabet or work on matching upper and lower case letters that have been introduced.

Counting Skills

Using the glitter glue numeral cards, review numbers 1-10. Note numbers that need review.

Fine Motor Skills

Create pictures from pattern blocks. Review shape names and colors as you work together with your child.

Large Motor Skills

Work on long jumps. Draw a line with sidewalk chalk and let your child try to jump as far as they can past the line.

Practical Life Skills

Make porridge or Puppy Chow for Friday's Dog Party or Good Night Moon tea party. See included recipes.

Art Skills

Introduce finger knitting or knitting with needles.

Hh

WEEK 8

Letter H

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>The Little House</i> by Virginia Lee Burton	<i>The Little Red Hen</i> by Diane Muldrow, J.P. Miller	A favorite ABC book	<i>Harold And The Purple Crayon</i> by Crocket Johnson	Field Trip Day! Visit the city or the country
PHONICS	Make glitter glue H Review other glitter glue letters/sounds	Make lower case H in salt Review previous letters	Make clay letters that your child needs to review	Name writing	
COUNTING SKILLS	Gather leaves and sort/count them	Count wheat seeds Match quantities to numerals	Review numerals using glitter glue cards	Count all the windows in your house	
FINE MOTOR SKILLS	Make a <i>The Little House</i> scene in dirt, sand, or on poster board	Deep pressure massage for hands	Work on lacing cards or crochet chain stitch	Cut home pictures out of magazines for a collage	
LARGE MOTOR SKILLS	Take a walk in your neighborhood	Act out the various animals depicted in the book Copy noises and movements	Play hopscotch	Play 'keep it up' with a balloon	
PRACTICAL LIFE SKILLS	Practice dusting furniture	Bread baking	Review bed making and room cleaning	Bake a pie or practice window cleaning	
ART SKILLS	Watercolor a copy of one of the pages from <i>The Little House</i>	Make a <i>Little Red Hen</i> flannel board	Create a letter H page for your alphabet book	Glue pictures that you cut out earlier onto construction paper for a collage about homes	

Supplies - Letter Hh

Books

Harold And The Purple Crayon by Crocket Johnson

The Little House by Virginia Lee Burton

The Little Red Hen by Diane Muldrow, J.P. Miller

An ABC Book

Kitchen

Egg

Wheat Seeds

Unbleached Flour

Sugar

Butter

Salt

Milk

Yeast

Around the House

Clipboard

Lacing Cards

Old Magazines

Balloon

Small Toy Cars

Leaves

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Colored Felt Squares

Flannel Board

Crochet Hook

Yarn

Sidewalk Chalk

Construction Paper

Posterboard (or yard space)

Scissors

TPP Printables

Letter H Flash Cards (two copies)

Large Letter H

Easy Loaf Recipe

Number Cards

MONDAY

Read Aloud

Read *The Little House* by Virginia Lee Burton.

Phonics

Print two of the included H flash card. Have your child apply glitter glue to one, while you apply to the other.

Counting Skills

Gather leaves and sort/count them. Continue doing auditory numeral sequences, a few minutes a day. When your child can easily repeat back 3 numerals in a sequence, increase to 4.

Fine Motor Skills

Make a *The Little House* scene in dirt or sand or poster board for your child to play with. Use toy cars and figures, make a house from twigs or cardboard.

Large Motor Skills

Take a walk in your neighborhood. Point out seasonal changes. Gather leaves or wildflowers .

Practical Life Skills

Practice dusting furniture. Point out how your exterior environment affects the interior air. (I.e. big city, dusty farmland can increase indoor pollution.) Purchase a classroom plant to help with air filtering.

Art Skills

Watercolor paint a copy of one of the pages from *The Little House*.

TUESDAY

Read Aloud

Read a version of *The Little Red Hen*. We like *The Little Red Hen* by Diane Muldrow, J.P. Miller.

Phonics

Make lower case H in salt. Review previous letters also.

Counting Skills

Count wheat seeds. Match quantities to numerals.

Fine Motor Skills

Continue deep pressure massage for hands, daily if possible. Gently squeeze each digit on your child's hand, starting with the thumbnail and working up the digit until you reach the hand. Repeat for each digit and end by squeezing the palm of the hand. and working outward.

Large Motor Skills

Act out the various animals depicted in the book. Copy noises and movements.

Practical Life Skills

Bread baking- Make a simple loaf and give your child their own dough ball to knead and shape. See included recipe.

Art Skills

Make a *Little Red Hen* flannel board. Cut the animal shapes and a loaf shape from colored felt squares. Allow your child to retell the story on an uncut felt square.

WEDNESDAY

Read Aloud

Read a favorite ABC book aloud.

Phonics

Make clay letters that your child needs to review. Depending on readiness, switch to reviewing on glitter glue flash cards, moveable alphabet, or writing on a chalkboard. Make simple words using the letters they have learned.

Counting Skills

Finish creating glitter glue numeral cards 1-10 with your child. Add dots to correspond with numeral. Review numerals and quantities using the cards.

Fine Motor Skills

Work on lacing cards or crochet chain stitch.

Large Motor Skills

Play hopscotch. Use sidewalk chalk to draw a course on your sidewalk.

Practical Life Skills

Review bed making and room cleaning.

Art Skills

Create a letter H page for your alphabet book. Cut capital H from construction paper and glue to larger paper. Write a lower case H as well.

THURSDAY

Read Aloud

Read *Harold And The Purple Crayon* by Crocket Johnson.

Phonics

Name writing. Write your child's name. If ready, compose simple words from moveable alphabet or work on matching upper and lower case letters that have been introduced. i.e., had, cad, add, be, cab, dad, fed, bed.

Counting Skills

Count all the windows in your house. Give your child a clipboard and introduce tally marks.

Fine Motor Skills

Cut "home" pictures out of magazines for a collage.

Large Motor Skills

Play 'keep it up' with a balloon.

Practical Life Skills

Bake a pie or practice window cleaning.

Art Skills

Glue pictures that you cut out earlier onto construction paper for a collage about homes.



W E E K 9

Letter I

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Ice Cream Summer</i> by Peter Sis	A favorite <i>Bible</i> story or poem	A favorite ABC book	<i>Inch By Inch</i> by Leo Lionni	Field Trip Day! Visit a bird sanctuary or nature preserve
PHONICS	Make glitter glue I	Make lower case I in salt Review previous letters	Work on tracing or writing letters and making simple words	Play the object game	
COUNTING SKILLS	Make an ice cream cone and scoops from felt squares	Practice tracing numerals through 5	Review numerals using glitter glue cards Trace numerals on chalkboard	Use a ruler to measure household items with your child	
FINE MOTOR SKILLS	Draw a map of your property or neighborhood with your child	Allow your child to practice pounding the hammer after you get the nails started	String beads	Trace pictures from the book and allow your child to color and cut them out	
LARGE MOTOR SKILLS	Play catch with a beach ball	Walking on a line, set up a balance beam with a 2x4 and a couple of bricks	Play 'steamroller smash'	Using your 2x4 or a plank of wood, create a teeter totter	
PRACTICAL LIFE SKILLS	Make ice cream sundaes together	Does your child know how to zip, button and tie? Work on one of these skills	Review hand washing and teeth brushing	Make dirt cups with gummy worms	
ART SKILLS	Make an ice cream cone collage from colored construction paper	Observe a flower or a tree in your yard	Create a letter I page for your alphabet book	Glue pictures that were cut out earlier onto card stock	

Supplies - Letter li

Books

Ice Cream Summer by Peter Sis

Inch By Inch by Leo Lionni

A Children's Bible

Nature Anatomy by Julia Rothman

An ABC Book

Kitchen

Chocolate Pudding Mix

Chocolate Sandwich Cookies

Milk

Whipping Cream

Gummy Worms

Washed Mint Leaves

Clear Cups or Glasses

Ice Cream

Sundae Toppings

Around the House

Pennies

Chalkboard

Beach Ball

Hammer and Nails

Piece of Wood or Small Stump

A 2' x 4'

2 Bricks

Magazine

Small Toys

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Construction Paper

Glue

Felt Squares (at least 4 colors, including tan)

Beads and String

Ruler

Scissors

TPP Printables

Letter I Flash Cards (two copies)

Large Letter I

Dirt Cups Recipe

Number Cards

MONDAY

Read Aloud

Read *Ice Cream Summer* by Peter Sis.

Phonics

Make Glitter Glue "I". Then, fold and staple a few pages together so that your child can make a book of letters with corresponding pictures.

Counting Skills

Make an ice cream cone and scoops from felt squares. Allow your child to "order" scoops and pay a penny for each scoop.

Fine Motor Skills

Draw a map of your property or neighborhood with your child.

Large Motor Skills

Play catch with a beach ball.

Practical Life Skills

Make ice cream sundaes together.

Art Skills

Make an ice cream cone collage from colored construction paper.

TUESDAY

Read Aloud

Read a favorite Bible story or poem.

Phonics

Make lower case l in salt. Review previous letters also.

Counting Skills

Practice tracing numerals through 5, use salt, a chalkboard or glitter glue cards.

Fine Motor Skills

Give your child a few large nails, a hammer and a chunk of wood. Allow them to practice pounding the hammer after you get the nails started. Continue deep pressure massage on hands as well.

Large Motor Skills

Walking on a line. Set up a balance beam with a 2x4 and a couple of bricks. Show your child how to walk heel toe.

Practical Life Skills

Does your child know how to zip, button and tie? Work on one of these skills.

Art Skills

Observe a flower or a tree in your yard. Use the book *Nature Anatomy* by Julia Rothman for guidance on how to draw and paint what you see.

WEDNESDAY

Read Aloud

Read an ABC book aloud.

Phonics

Make clay letters that your child needs to review. Depending on readiness, switch to reviewing on glitter glue flash cards, moveable alphabet, or writing on a chalkboard. Make simple words using the letters they have learned.

Counting Skills

Trace glitter glue numeral cards 1-10 with your child. Review quantities that correspond.

Fine Motor Skills

String beads.

Large Motor Skills

Play 'Steamroller Smash'. Have your children lay flat on their back on the floor and then roll. This activity is best on a carpeted surface. Similar sized children could roll gently over each other. This offers great sensory input for overactive children, but be cautious of comfort levels and safe rolling so that no one gets squished

Practical Life Skills

Review hand washing and teeth brushing.

Art Skills

Create a letter I page for your alphabet book. Cut out pictures from a magazine with words beginning with I.

THURSDAY

Read Aloud

Read *Inch By Inch* by Leo Lionni.

Phonics

Play the object game- gather small toys and have your child match letter cards or moveable alphabet pieces with objects having the same initial sound.

Counting Skills

Grab a ruler and measure household items with your child.

Fine Motor Skills

Trace pictures from the book and allow your child to color or paint the paper tracings and cut them out. Save cut outs for art project.

Large Motor Skills

Using your 2x4 or a plank of wood, create a simple teeter totter for your child to stand or sit on. Nail the board to the round side of a tree stump. Or just visit a playground!

Practical Life Skills

Make dirt cups with gummy worms. See included recipe.

Art Skills

Glue pictures that were cut out earlier onto card stock. Paint over the entire picture with white glue and allow to dry completely.

Jj

WEEK 10

Letter J

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Sheep In A Jeep</i> by Nancy Shaw	<i>Jonah and the Whale</i>	A favorite ABC book	<i>The Giant Jam Sandwich</i> by John Vernon Lord	Field Trip Day! Go on a picnic with your child
PHONICS	Make glitter glue J	Create a phonics object game	Work on tracing or writing letters and making simple words	Take your moveable alphabet to the kitchen	
COUNTING SKILLS	Gather all the toy cars from your house	Count the sea creatures and divide into mammal and fish groups	Review numerals using glitter glue cards	Show your child how adding zeros to numbers makes them big	
FINE MOTOR SKILLS	Car collage	Using the sea creatures as a model, make clay sea creatures	Alphabet play	Dump a change purse and sort the coins	
LARGE MOTOR SKILLS	Swinging	Act out the story of <i>Jonah and the Whale</i>	Give your child a back massage	Dance with your child	
PRACTICAL LIFE SKILLS	Wash your car together	Wash dishes together	Ten minute tidy	Make strawberry freezer jam together	
ART SKILLS	Draw a car together	Make an ocean diorama using your gathered and clay sea creatures	Create a letter J page for your alphabet book	Have your child make a picture using the first page of the book as a guide	

Supplies - Letter Jj

Books

Sheep In A Jeep by Nancy Shaw
The Giant Jam Sandwich by John Vernon
Lord
Children's *Bible*
An ABC Book

Kitchen

Strawberries
Sugar
Pectin
Bread
Peanut or Almond Butter

Around the House

Child's Play Tunnel
Assorted Counters
Moveable Alphabet
Toy Cars
Magazines
Recycled Tire
Heavy Rope
Sea Creatures (Toob, Shleich, or Playmobile)
Shoe Box
Natural Fiber Body Brush or Loofah
Assorted Coins
Dance Music

Craft / Hardware

Glitter Glue
Flat Container of Salt
Watercolor Paint
Paint Brush
Card Stock Paper
Clay
Fishing Line
Clay Rocks, Coral, Sand
Colored Pencils
Construction Paper
Posterboard
Glue
Alphabet Stickers (or noodles)

TPP Printables

Letter J Flash Cards (two copies)
Large Letter J
Strawberry Freezer Jam Recipe
Number Cards

MONDAY

Read Aloud

Read *Sheep In A Jeep* by Nancy Shaw. Ask your child to tell you their version of the story. This is a form of narration.

Phonics

Make Glitter Glue J. Trace other letters with index finger, naming them and vocalizing the sound as you review.

Counting Skills

Gather all the toy cars from your house. Count them, and then sort by color, style or size.

Fine Motor Skills

Car Collage; draw roads and building on poster board. Cut out car pictures from a magazine and glue them to poster board. Create a story based on the collage.

Large Motor Skills

Swinging- If you have a large tree in your yard, create a swing using a recycled tire and a large rope. If this is isn't feasible, hang a hammock for your child to gently swing in, or take a trip to the park and practice swinging.

Practical Life Skills

Wash your car together.

Art Skills

Draw a car together. Pay attention to the different shapes, including circles and rectangles.

TUESDAY

Read Aloud

Read the story of *Jonah and the Whale*.

Phonics

Create a phonics object game from moveable alphabet pieces and gathered toy sea creatures. Have your child match initial sounds to each sea creature.

Counting Skills

Count the sea creatures. Divide into mammal and fish groups. Practice tracing numerals.

Fine Motor Skills

Using the sea creatures as a model make clay sea creatures. Use colored clay such as sculpted or air dry clay.

Large Motor Skills

Using a child's play tunnel as the whale, act out the story of *Jonah and the Whale*. Take turns being Jonah. When you or your child is in the tunnel "whale" gently roll the tunnel for an activity that occupational therapists use to help develop the vestibular and proprioceptive senses.

Practical Life Skills

Wash dishes together. Discuss proper sanitation with dish cleaning.

Art Skills

Make an ocean diorama using your gathered and clay sea creatures. Glue ocean and water scenes into a shoe box and then suspend your sea creatures using fishing line. Add clay rocks or coral, and a sandy bottom.

WEDNESDAY

Read Aloud

Read a favorite ABC book aloud.

Phonics

Work on tracing or writing letters and making simple words. If your child needs more review, make clay letters or use your glitter glue phonograms.

Counting Skills

Trace glitter glue numeral cards 1-10 with your child. Review quantities that correspond.

Fine Motor Skills

Give your child a sheet of alphabet stickers and let them make a picture or create simple words. Alternatively, sort a pile of alphabet noodles into consonant and vowel groups.

Large Motor Skills

Give your child a back massage or gently use a natural fiber body brush on your child's back and shoulders. Brushing and massage help with many facets of sensory integration.

Practical Life Skills

Ten minute tidy- Set a timer for 10 minutes and see how much you and your child can pick up in that time frame.

Art Skills

Create a letter I page for your alphabet book. Wet on wet watercolor a piece of card stock and then cut it out in the shape of the letter I. Glue to a coordinating piece of construction paper, add a lower case i, and place in your alphabet binder.

THURSDAY

Read Aloud

Read *The Giant Jam Sandwich* by John Vernon Lord. Have your child narrate orally.

Phonics

Take your moveable alphabet to the kitchen, and have your child label food items with beginning sounds.

Counting Skills

Show your child how adding zeros to numbers makes them big. Orally count to 100 using pennies or other counters. If your child wants to count along, let them.

Fine Motor Skills

Dump a change purse and sort the coins with your child. Discuss value as you sort.

Large Motor Skills

Dance with your child. Play different genres of music and demonstrate dance moves that accompany, i.e., ballet, salsa, waltz, disco, etc.

Practical Life Skills

Make strawberry freezer jam together. Build peanut butter and jam sandwiches with your fresh jam.

Art Skills

Using colored pencils, have your child make a picture using the first page of the book as a guide. Notice the layered hills and many tree shapes. The pictures in this book are very detailed, so allow your child creative license to make a simpler picture of just the hills and wasps.

Kk

WEEK 11

Letter K

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>A Kiss For Little Bear</i> by Else Holmelund Minarik	"My Kingdom" by Robert Louis Stevenson	A favorite ABC book	<i>The Emperor And The Kite</i> by Jane Yolen	Field Trip Day! Go out to eat at a Chinese restaurant as a family
PHONICS	Make glitter glue K	Review glitter glue letters	Practice name writing Work on tracing or writing letters	Play the command game	
COUNTING SKILLS	Count how many different animals are in the book	Play the memory game	Review numerals using glitter glue cards	Review auditory number sequences	
FINE MOTOR SKILLS	Gather toy or stuffed animals that correspond with the story	Deep pressure massage for hands	Use pattern blocks to create pictures	Braid rope	
LARGE MOTOR SKILLS	Now, act out the story with your child	Take turns blowing bubbles	Do a phonics hop	Rope climbing	
PRACTICAL LIFE SKILLS	Talk about avoiding sickness	Hang laundry together	Fold clothes together and play store with folded clothing	Make a Chinese chicken salad with your child	
ART SKILLS	Have your child draw a picture for a loved one and mail it to them	Sing together	Create a letter K page for your alphabet book	Make a scratch art kite	

Supplies - Letter Kk

Books

The Emperor And The Kite by Jane Yolen

A Kiss For Little Bear by Else Holmelund

Minarik

Kitchen

Sugar

Pepper

Liquid Aminos

Rice Vinegar

Sesame Oil

Vegetable Oil

Dish Soap

Shredded Cabbage

Canned Mandarin Oranges

Dried Pineapple

Sesame Seeds

Green Onions

Celery

Slivered Almonds

Grilled Chicken Strips

Around the House

Clean Laundry

Pattern Blocks

Pennies

Kite Picture to Copy

Hemp Twine

Around the House (cont)

Climbing Rope

Toy Animals

Small Objects for Memory Game

Bubbles

Clothesline

Clothespins

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Crayons

Stick, Popsicle Stick, or Paper Clip

Drawing Pencils

Oil Pastels

Black Paint

TPP Printables

Letter K Flash Cards (two copies)

Large Letter K

Chinese Chicken Salad Recipe

Chinese Chicken Salad Dressing Recipe

"My Kingdom" Poem

Verb Cards

Number Cards

MONDAY

Read Aloud

Read *A Kiss For Little Bear* by Else Holmelund Minarik.

Phonics

Make Glitter Glue K. Trace other letters with index finger, naming them and vocalizing the sound as you review.

Counting Skills

Count how many different animals are in the book. Practice writing the numbers.

Fine Motor Skills

Gather toy or stuffed animals that correspond with the story. Act out the story using your toy animals.

Large Motor Skills

Now, act out the story with your child, but you and your child take turns being the animals. Be sure and send the kiss on its way!

Practical Life Skills

Talk about avoiding sickness through hand washing, getting enough sleep, and avoiding kisses and coughs from sick people.

Art Skills

Little Bear draws a picture for his grandma. Have your child draw a picture for a loved one, and mail it to them.

TUESDAY

Read Aloud

Read "My Kingdom" by Robert Louis Stevenson.

Phonics

Review glitter glue letters, tracing them with your index finger. Copy the poem title.

Counting Skills

Play the memory game. Gather 5-7 small objects and place them on a tray. Allow your child to look at them for 5-10 seconds and then cover the tray with a hand towel. Let your child try to recall the items on the tray.

Fine Motor Skills

Do deep pressure for hands. Start with the digits and squeeze each digit, from nail to hand. Then squeeze the palm of the hand.

Large Motor Skills

Take turns blowing bubbles and having another child try and pop them. Blowing and sucking activities help with articulation skills.

Practical Life Skills

Hang laundry together. Clothespins provide great fine motor practice as well. Discuss how the wind and sun dry the clothes.

Art Skills

Sing together. Find a hymn or children's song and listen and sing together.

WEDNESDAY

Read Aloud

Read a favorite ABC book.

Phonics

Work on tracing or writing letters and making simple words. If your child needs more review, make clay letters or use your glitter glue phonograms.

Counting Skills

Trace glitter glue numeral cards 1-10 with your child. Review quantities that correspond.

Fine Motor Skills

Use pattern blocks to create pictures.

Large Motor Skills

Do a phonics hop. Allow your child to take one hop forward for every letter that they remember the name or sound of.

Practical Life Skills

Fold clothes together. Play store with the folded clothing and take turns “buying” the clothes for pennies and putting them away.

Art Skills

Create a letter K page for your alphabet book. Watercolor paint a kite, and then add an upper and lower case K to the page .

THURSDAY

Read Aloud

Read *The Emperor And The Kite* by Jane Yolen. Have your child narrate the story.

Phonics

Play the command game. Print and cut the verb cards and take turns acting out the actions.

Counting Skills

Review auditory number sequences. The quantity of sequences that your child can recall, is an indicator of how easily they can sound out longer words. Work towards recall of 3-5 numbers.

Fine Motor Skills

Braid Rope- Tie three strands of hemp twine to a doorknob. Show your child how to tightly braid the twine to form a stronger rope.

Large Motor Skills

Rope climbing- Tie a strong section of rope to a strong tree branch. Let your child practice climbing the rope. Alternatively, visit a park and let your child climb up or slide down the play equipment.

Practical Life Skills

Make a Chinese chicken salad with your child. See included recipe.

Art Skills

Make a scratch art kite. Use oil pastels or crayons to vibrantly color a piece of card stock. Mix black poster paint with a drop of dish soap and paint over the entire painting. When it is dry, scratch out a kite design using a stick, popsicle stick or paper clip

My Kingdom

by Robert Louis Stevenson

Down by a shining water well
I found a very little dell,
No higher than my head.
The heather and the gorse about
In summer bloom were coming out,
Some yellow and some red.

I called the little pool a sea;
The little hills were big to me;
For I am very small.
I made a boat, I made a town,
I searched the caverns up and down,
And named them one and all.

And all about was mine, I said,
The little sparrows overhead,
The little minnows too.
This was the world and I was king;
For me the bees came by to sing,
For me the swallows flew.

I played there were no deeper seas,
Nor any wider plains than these,
Nor other kings than me.
At last I heard my mother call
Out from the house at evenfall,
To call me home to tea.

And I must rise and leave my dell,
And leave my dimpled water well,
And leave my heather blooms.
Alas! and as my home I neared,
How very big my nurse appeared.
How great and cool the rooms!

LI

WEEK 12

Letter L

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>The Grouchy Ladybug</i> by Eric Carle	1 Corinthians 13	A favorite ABC book	<i>Lola At The Library</i> by Anna McQuinn	Field Trip Day! Visit the library
PHONICS	Make glitter glue L Review name writing	Review glitter glue letters	Make a letter book	Alphabetize your picture book by author with your child	
COUNTING SKILLS	Point out the clocks on each page	Count the numbers on a clock Review skills for telling time	Play a math game - any game where you count spaces	Count your picture books that you just sorted	
FINE MOTOR SKILLS	Print the ladybug printable Cut out the ladybugs, color, and sort them	Review crochet chain stitch, knitting, or bead stringing	Work together on putting the game away	Make tiny books for a doll library	
LARGE MOTOR SKILLS	Play swat the ladybug	Play hopscotch	Do a phonics hop	Take a walk with your child Gather leaves and other signs of fall	
PRACTICAL LIFE SKILLS	Discuss beneficial insects with your child	Do a 10 minute tidy outdoors	Fold clothes together Play store with folded clothing	Discuss proper care of books	
ART SKILLS	Make a grouchy ladybug collage	Cut out hearts with your child and glue them on colored paper	Paint smooth pebbles as insects to make counters or an insect family	Make leaf rubbings or a leaf collage	

Supplies - Letter LI

Books

Lola At The Library by Anna McQuinn

The Grouchy Ladybug by Eric Carle

Bible

Around the House

Leaves

Pennies

Staples and Stapler

Toy Clock

Red Balloon

Tennis or Racquetball Rackets

Board Game

Smooth Pebbles

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Yarn, Knitting Needle/ Crochet Hook, or

Beads and String

Construction Paper

Scissors

Finger Paints

Sidewalk Chalk

Copy Paper

TPP Printables

Letter L Flash Cards (two copies)

Large Letter L

Number Cards

"Twinkle, Twinkle, Little Star" Song

Ladybug Printable

1 Corinthians Printable

MONDAY

Read Aloud

Read *The Grouchy Ladybug* by Eric Carle.

Phonics

Make glitter glue K. Trace other letters with index finger, naming them and vocalizing the sound as you review. Review name writing.

Counting Skills

Point out the clocks on each page. Use a toy clock and show your child how the short hand tells us what the hour is.

Fine Motor Skills

Print the ladybug printable. Cut out the ladybugs color them, and sort them by spotted vs unspotted.

Large Motor Skills

Play swat the ladybug-using a red balloon and two thrifted tennis rackets, swat a balloon back and forth with your child.

Practical Life Skills

Discuss beneficial insects with your child-take a walk around your yard or a nature preserve and look for beneficial insects such as bees, butterflies and ladybug.

Art Skills

Make a grouchy ladybug collage. Allow your child to finger paint several single color sheets, especially black, red and green. When dry, cut into ladybug, leaf, and spot shapes and allow your child to assemble the picture.

TUESDAY

Read Aloud

Read 1 Corinthians 13, the love chapter.

Phonics

Review glitter glue letters, tracing them with your index finger. Copy the word "love".

Counting Skills

Count the numbers on a clock. Review skills for telling time.

Fine Motor Skills

Review crochet chain stitch, knitting, or bead stringing.

Large Motor Skills

Play hopscotch.

Practical Life Skills

Do a 10 minute tidy outdoors.

Art Skills

Cut out hearts with your child. Glue the hearts on colored construction paper, and write the attributes of love on the hearts. Add an upper and lower case L and use this page for your alphabet book.

WEDNESDAY

Read Aloud

Read a favorite ABC book.

Phonics

Make a letter book. Fold 8-10 sheets of copy paper in half and staple. For each letter learned so far, allow your child to draw a picture and add the upper and lower case letters. Add to it with each letter that you learn.

Counting Skills

Play a math game-any game where you count spaces, (Monopoly Jr.or Chutes and Ladders) would work perfectly.

Fine Motor Skills

Work together on putting the game away, carefully sorting the pieces into appropriate spaces.

Large Motor Skills

Do a phonics hop. Allow your child to take one hop forward for every letter that they remember the name or sound of.

Practical Life Skills

Fold clothes together. Play store with the folded clothing and take turns “buying” the clothes for pennies and putting them away.

Art Skills

Paint smooth pebbles as insects to make counters or an insect family.

THURSDAY

Read Aloud

Read *Lola At The Library* by Anna McQuinn.
Have your child narrate the story.

Phonics

Alphabetize your picture books by author with your child. Discuss how books are sorted at libraries.

Counting Skills

Count your picture books that you just sorted. Discuss which letter has the most books. Which has the least?

Fine Motor Skills

Make tiny books for a doll or Playmobile library. Cut copy paper into small squares and staple together. Allow your child to color or write a letter on each page.

Large Motor Skills

Take a walk with your child. Gather leaves and other signs of fall.

Practical Life Skills

Discuss proper care of books. Putting them away when you are done reading them, turning pages gently, etc.

Art Skills

Make leaf rubbings or a leaf collage. Sing a fall or harvest themed song, or “Twinkle, Twinkle, Little Star” while you work.

1 Corinthians 13

King James Version (KJV)

1 Though I speak with the tongues of men and of angels, and have not love, I am become as sounding brass, or a tinkling cymbal.

2 And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove mountains, and have not love, I am nothing.

3 And though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not love, it profiteth me nothing.

4 Love suffereth long, and is kind; love envieth not; love vaunteth not itself, is not puffed up,

5 Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil;

6 Rejoiceth not in iniquity, but rejoiceth in the truth;

7 Beareth all things, believeth all things, hopeth all things, endureth all things.

8 Love never faileth: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away.

9 For we know in part, and we prophesy in part.

10 But when that which is perfect is come, then that which is in part shall be done away.

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

13 And now abideth faith, hope, love, these three; but the greatest of these is love.

(KJV with substitution of "love" for "charity")

Twinkle, Twinkle

Twinkle, twinkle, little star
How I wonder what you are
Up above the world so high
Like a diamond in the sky
Twinkle, twinkle little star
How I wonder what you are

When the blazing sun is gone
When he nothing shines upon
Then you show your little light
Twinkle, twinkle, all the night
Twinkle, twinkle, little star
How I wonder what you are

Mm

WEEK 13

Letter M

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Are You My Mother?</i> by P.D. Eastman	"The Moon" by Robert Louis Stevenson	A favorite ABC book	<i>Madeline</i> by Ludwig Bemelmans	Field Trip Day! Visit a creperie or visit a friend from another country
PHONICS	Make glitter glue M Review name writing	Review glitter glue letters	Add a moon and the letter M to your homemade letter book	Gather small objects from around the house	
COUNTING SKILLS	Discuss large and small	Count the numbers on a clock Review skills for telling time	Play a math game	Count a dozen eggs	
FINE MOTOR SKILLS	Make a nest and eggs from play dough or clay	Give your child an assortment of beans and seeds	Practice tying a shoelace, lacing card, or buttoning a shirt	Continue naming and sorting the small objects and loose parts	
LARGE MOTOR SKILLS	Act out the animals in the book	Have your child act out the story	Do a phonics hop	Have a gentle pillow fight	
PRACTICAL LIFE SKILLS	Sort and match socks	Talk about schedules and routines with your child	Put away silverware together	Make an omelette	
ART SKILLS	Look through magazine for mothers and babies	Print off a picture of a full moon	Paint a clock on card stock Use a brad to add a short and long hand	Make a get well card for a friend or relative who is unwell	

Supplies - Letter Mm

Books

Madeline by Ludwig Bemelmans

Are You My Mother? by P.D. Eastman

An ABC Book

Kitchen

Jars/ bowls

Egg Carton

Eggs

Butter

Shredded Cheese

Small Saute Pan

Assorted Beans and Seeds

Around the House

Clock

Picture of the Moon

Math Themed Board Game

Small Objects

Pillows

Old Magazine

Mismatched Socks

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Clay

Brad

Glue

TPP Printables

Letter M Flash Cards (two copies)

Large Letter M

Omelette Recipe

Number Cards

"The Moon" Poem

MONDAY

Read Aloud

Read *Are You My Mother?* by P.D. Eastman.

Phonics

Make glitter glue M. Trace other letters with index finger, naming them and vocalizing the sound as you review. Review name writing.

Counting Skills

Discuss large and small. Walk around your house pointing out things that are large and small.

Fine Motor Skills

Make a nest and eggs from play dough or clay.

Large Motor Skills

Act out the animals in the book. Remember, crawling is great for brain development.

Practical Life Skills

Sort and match socks. Make a fun contest out of it and see how many can get matched in a specified amount of time.

Art Skills

Look through magazine for mothers and babies. Make a collage with the pictures that you find.

TUESDAY

Read Aloud

Read "The Moon" by Robert Louis Stevenson.

Phonics

Review glitter glue letters. Talk about rhyming words and ask your child to name words that rhyme with easy words: Moon, Spoon, Bat, Hat, Red, Bed, Cat, Bat, Hop, Top

Counting Skills

Count the numbers on a clock. Review skills for telling time.

Fine Motor Skills

Give your child an assortment of beans and seeds and ask them to sort them into assorted jars or bowls.

Large Motor Skills

Have your child act out the story.

Practical Life Skills

Talk about schedules and routines with your child. If you haven't already, work on a basic schedule and post it where your child can see it.

Art Skills

Print off a picture of a full moon. Using the beans and seeds, glue them into a large circle using the moon picture as an example.

WEDNESDAY

Read Aloud

Read a favorite ABC book aloud.

Phonics

Add a moon and the letter M to your homemade letter book.

Counting Skills

Play a math game- any game where you count spaces, (Monopoly Jr . or Chutes and Ladders) would work perfectly.

Fine Motor Skills

Practice tying a shoelace, lacing a card or buttoning a shirt.

Large Motor Skills

Do a phonics hop. Allow your child to take one hop forward for every letter that they remember the name or sound of.

Practical Life Skills

Put away silverware together.

Art Skills

Paint a clock on card stock. Use a brad to add a short and long hand to the clock.

THURSDAY

Read Aloud

Read *Madeline* by Ludwig Bemelmans.

Phonics

Gather small objects from around the house and match initial sounds of the objects to your moveable alphabet pieces.

Counting Skills

Count a dozen eggs. Use an empty egg carton and count the empty spaces, filling each space with a different “loose part” or other object from around the house.

Fine Motor Skills

Continue naming and sorting the small objects and loose parts that your child gathered for the phonics and counting activities.

Large Motor Skills

Have a gentle pillow fight.

Practical Life Skills

Make an omelette together. See included recipe.

Art Skills

Make a get well card for a friend or relative who is unwell.

The Moon

by Robert Louis Stevenson

The moon has a face like the clock in the hall;
She shines on thieves on the garden wall,
On streets and fields and harbour quays,
And birdies asleep in the forks of the trees.

The squalling cat and the squeaking mouse,
The howling dog by the door of the house,
The bat that lies in bed at noon,
All love to be out by the light of the moon.

But all of the things that belong to the day
Cuddle to sleep to be out of her way;
And flowers and children close their eyes
Till up in the morning the sun shall arise.

Nn
WEEK 14

Letter N

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>At Night</i> by Jonathan Bean	<i>Noah's Ark</i> by Peter Spier	A favorite ABC book	<i>Christmas in Noisy Village</i> by Astrid Lindgren	Field Trip Day! Host a holiday play group
PHONICS	Make glitter glue N	Make lower case N in salt tray	Add to letter book	With your child, write a list of ideas for celebrating the holiday season	
COUNTING SKILLS	Introduce simple division and multiplication concepts	Practice counting by 2's Use animal crackers as counters	Practice auditory numeral sequences	Count how many items are on your list of ways to celebrate	
FINE MOTOR SKILLS	Allow your child to make a small felt blanket and pillow	Build a puzzle together	Gather leaves and make leaf rubbings or animal collages	Make a paper chain with one chain for each day until Christmas	
LARGE MOTOR SKILLS	Jump on a trampoline or pile up pillows on the floor	Make a simple obstacle course with your child	Rake leaves and jump in a leaf pile	Play 'Simon Says'	
PRACTICAL LIFE SKILLS	Work on bed making, including changing sheets	Work on floor care with your child	Rake leaves and help put them in a bin or compost pile	Bake gingersnaps	
ART SKILLS	Have your child draw an orange or apple complete with a shadow	Allow your child to draw and color a simple ship and add animal stickers	Cut out leaf rubbings in leaf shapes and glue to construction paper for a fall collage	Copy a picture from the book or paint a simple evergreen tree	

Supplies - Letter Nn

Books

Noah's Ark by Peter Spier

At Night by Jonathan Bean

Christmas in Noisy Village by Astrid

Lindgren

An ABC Book

Kitchen

Orange or Apple

Animal Crackers

Butter

Sugar

Egg

Molasses

Baking Soda

Flour

Salt

Cinnamon

Cloves

Ginger

Around the House

Altoid Tin

Puzzle

Leaves

Child Sized Rake

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Felt

Glue

Staples and Stapler

Construction Paper

Animal Stickers

TPP Printables

Letter N Flash Cards (two copies)

Large Letter N

Gingersnaps Recipe

Number Cards

MONDAY

Read Aloud

Read *At Night* by Jonathan Bean.

Phonics

Make Glitter Glue N. Make labels for common household or dollhouse furniture. Blanket, Pillow, Bed, Table. Help your child place the labels by each item.

Counting Skills

Count how many pillows there are in your home. Divide the number by how many beds and couches they are on. Introduce simple division and multiplication concepts.

Fine Motor Skills

Using an Altoid tin bottom for a template, allow your child to cut out a small felt blanket and pillow to make a tin "bed" for a small toy.

Large Motor Skills

Jump on a trampoline or pile up pillows on the floor for a landing zone for small jumps.

Practical Life Skills

Work on bed making, including changing sheets.

Art Skills

Point out the use of light and shadows in the illustrations. Have your child draw an orange or apple complete with a shadow. Use a real piece of fruit, or a very simple still life as a model for copying.

TUESDAY

Read Aloud

Read *Noah's Ark* by Peter Spier.

Phonics

Make lower case N in salt tray. Make simple 3 letter words or review phonograms.

Counting Skills

Practice counting by 2's. Use animal crackers as counters.

Fine Motor Skills

Build a puzzle together.

Large Motor Skills

Make a simple obstacle course with your child.

Practical Life Skills

Work on floor care with your child. Sweeping, mopping, etc.

Art Skills

Allow your child to draw and color a simple ship and add animal stickers to the picture. Write an upper and lower case "N" and use the picture for your alphabet binder.

WEDNESDAY

Read Aloud

Read an ABC book aloud.

Phonics

Add to letter book.

Counting Skills

Practice auditory numeral sequences.

Fine Motor Skills

Gather leaves and make leaf rubbings or animal collages from the leaves.

Large Motor Skills

Rake leaves and jump in a leaf pile.

Practical Life Skills

Rake leaves and help put them in a bin or compost pile.

Art Skills

Cut out leaf rubbings in leaf shapes and glue to construction paper for a fall collage.

THURSDAY

Read Aloud

Read *Christmas in Noisy Village* by Astrid Lindgren.

Phonics

With your child, write a list of ideas for celebrating the holiday season.

Counting Skills

Count how many items are on your list of ways to celebrate. Count the days until Christmas with your child and decide how many things you will need to do each day.

Fine Motor Skills

Make a paper chain with one chain for each day until Christmas.

Large Motor Skills

Play 'Simon Says'.

Practical Life Skills

Bake Gingersnaps. See included recipe.

Art Skills

Use green watercolor paint to copy a picture from the book or to paint a simple evergreen tree.



W E E K 1 5

Letter O

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Ox-Cart Man</i> by Donald Hall, Barbara Cooney	<i>An Orange In January</i> by Dianna Hutts Aston	A favorite ABC book	<i>Room For A Little One</i> by Martin Waddell	Field Trip Day! Attend a Christmas play or concert
PHONICS	Make glitter glue O	Make lower case O in salt tray	Add to letter book Use popsicle sticks to make capitol letters	Use toy animals to play the object game	
COUNTING SKILLS	Count and sort coins	Gather a variety of citrus fruits and sort them Count the total amount	Practice auditory numeral sequences	Count how many days are left until Christmas	
FINE MOTOR SKILLS	Make a harvest sensory bin	Make a pomander orange	Do deep pressure hand massage	Gather sugar cookie decorations and cookie cutters	
LARGE MOTOR SKILLS	Ox cart play	Practice juggling one or two oranges or limes	Practice galloping and hopping	Act out the Christmas story	
PRACTICAL LIFE SKILLS	Set up a sewing activity for your child	Make healthy lemonade	Wash dishes together	Bake sugar cookies and decorate them	
ART SKILLS	Watercolor a copy of one of the illustrations from the book	Draw or paint a still life of your citrus fruit	Make a pom-pom garland	Decorate sugar cookies	

Supplies - Letter Oo

Books

Ox-Cart Man by Donald Hall, Barbara Cooney
An Orange In January by Dianna Hutts Aston
Room For A Little One by Martin Waddell
An ABC Book

Kitchen

Milk
Cookie Cutters
Lemon Juice
Turmeric
Ten Assorted Citrus Fruits
Whole Cloves
Honey
Dry Corn or Popcorn
Small Pumpkins
Indian Corn
Small Apples
Cinnamon Sticks
Small Gourds
Acorns
Butter
Sugar
Eggs
Vanilla
Flour
Baking Powder
Salt

Around the House

Coins
Sensory Bin
Leaves
Toy Wagon
Toy Nativity Animals

Craft / Hardware

Glitter Glue
Flat Container of Salt
Watercolor Paint
Paint Brush
Card Stock Paper
Popsicle Sticks
Small Embroidery Hoop
Needle
Thread
Fabric
Yarn
Ribbon
*Pom Poms
*Check out our blog for the DIY tutorial

TPP Printables

Letter O Flash Cards (two copies)
Large Letter O
Sugar Cookie Recipe
Icing Recipe
Number Cards

MONDAY

Read Aloud

Read *Ox-Cart Man* by Donald Hall, Barbara Cooney.

Phonics

Make glitter glue O.

Counting Skills

Count and sort coins.

Fine Motor Skills

Make a harvest sensory bin, fill it with popcorn, small pumpkins, leaves, cinnamon sticks and other harvest themed items.

Large Motor Skills

Ox Cart Play- let your child pretend that a toy wagon is an ox cart. Load it up with gathered things to sell and pull it around the yard. Pulling provides important proprioceptive input as well as improving bilateral coordination .

Practical Life Skills

Set up a sewing activity for your child. Use a small embroidery hoop with a threaded needle and some fabric. Allow them to sew a design of their own choosing.

Art Skills

Watercolor paint a copy of one of the illustrations from the book.

TUESDAY

Read Aloud

Read *An Orange In January* by Dianna Hutts Aston.

Phonics

Make lower case O in salt tray. Make simple 3 letter words or review phonograms.

Counting Skills

Gather a variety of citrus fruits and sort them by size and color. Count the total amount.

Fine Motor Skills

Make a pomander orange. Poke whole cloves into an orange until the orange is covered. Tie ribbon around the orange and hang it for a scented Christmas decoration.

Large Motor Skills

Practice juggling one or two oranges or limes.

Practical Life Skills

Make healthy lemonade. Use 1 T lemon juice, 1 T. honey, 1/4 t. turmeric, and 1 c. water (multiply ingredients for each person) Heat thoroughly to make a health supporting winter drink.

Art Skills

Draw or paint a still life of your citrus fruit together. Add an upper and lower case O and add it to your alphabet binder.

WEDNESDAY

Read Aloud

Read a favorite ABC book aloud.

Phonics

Add to letter book. Use popsicle sticks to make capital letters.

Counting Skills

Practice auditory numeral sequences.

Fine Motor Skills

Do deep pressure hand massage.

Large Motor Skills

Practice galloping and hopping.

Practical Life Skills

Wash dishes together.

Art Skills

Make a pom-pom garland. Using the pom-pom instructions found on our blog, help your child make 14 pom-poms and tie them to a length of yarn for a pretty holiday garland.

THURSDAY

Read Aloud

Read *Room For A Little One* by Martin Waddell.

Phonics

Use toy animals to play the object game. Match initial sounds to each object or make word cards for each object.

Counting Skills

Count how many days are left until Christmas. Tear papers off the paper chain to correspond with the remaining days. Talk about how take away and subtract mean the same thing.

Fine Motor Skills

Gather sugar cookie decorations and cookie cutters for the Practical Life Skills activity.

Large Motor Skills

Act out the Christmas story.

Practical Life Skills

Bake sugar cookies. See included recipe.

Art Skills

Decorate sugar cookies.

Pp

WEEK 16

Letter P

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>The Story About Ping</i> by Marjorie Flack, Kurt Wiese	<i>The Night Before Christmas</i> by Clement Clark Moore	A Christmas themed ABC book	<i>The Year Of The Perfect Christmas Tree</i> by Gloria Houston	Field Trip Day! Visit a Christmas village or other historical enactment of Christmas time
PHONICS	Make glitter glue P	Make lower case P in salt tray Talk about rhyming words in the poem	Add to letter book	Review phonograms Search your house for items that begin with P	
COUNTING SKILLS	Count to 50 with your child	Give your child 20 cotton balls to count	Practice auditory numeral sequences	Count how many popcorn kernels fit in 1/4 cup	
FINE MOTOR SKILLS	Land forms activity	Sort cotton balls into two equal parts	Do deep pressure hand massage	Make Christmas trees from air dry clay	
LARGE MOTOR SKILLS	Marching in a line	Play snow blower	Practice galloping and hopping	Act out the Christmas story	
PRACTICAL LIFE SKILLS	Cook a pot of rice with your child	Do a 10 minute tidy	Fold clothes together and play store with the folded clothes	Make popcorn balls	
ART SKILLS	Make a hand-print duck picture	Santa Puppet	Twig Christmas trees	Decorate a Christmas tree with your child	

Supplies - Letter Pp

Books

The Story About Ping by Marjorie Flack,
Kurt Wiese
The Night Before Christmas by Clement
Clark Moore
The Year Of The Perfect Christmas Tree by
Gloria Houston
A Christmas Themed ABC Book

Kitchen

Candy Thermometer
Rice
Popcorn
Butter
Molasses
Corn Syrup
Sugar
Vanilla
Salt
Water
Straw
Paper Plate

Around the House

Counters
Sensory Bin
Cotton Balls
Twigs
Pruning Tool for Cutting Twigs

Craft / Hardware

Glitter Glue
Flat Container of Salt
Watercolor Paint
Paint Brush
Card Stock Paper
Air Dry Clay
Clay
Yellow Finger Paint
Construction Paper
Glue
Red Paint
Ribbon
Large Craft Sticks

TPP Printables

Letter P Flash Cards (two copies)
Large Letter P
Popcorn Balls Recipe
"The Night Before Christmas" Poem
Number Cards

MONDAY

Read Aloud

Read *The Story About Ping* by Marjorie Flack, Kurt Wiese.

Phonics

Make a glitter glue P.

Counting Skills

Count to 50 with your child. Use counters to demonstrate the quantities of family members in the book, and add them with your child.

Fine Motor Skills

Land forms activity- Use a sensory tub to make a land forms demonstration. Use clay or play dough to create an island with a river running through it. Make cards to label land forms that you create with your child.

Large Motor Skills

Marching in a line.

Practical Life Skills

Cook a pot of rice with your child. Allow them to measure the rice and water with supervision.

Art Skills

Make a hand-print duck picture. Paint or collage a pond and land on construction paper. Allow your child to dip their whole hand in a paper plate filled with yellow finger paint. Press their hand onto the paper with their thumb sticking up for a duck neck. When the hand-print is dry, add a head, beak, and feet.

TUESDAY

Read Aloud

Read *The Night Before Christmas* by Clement Clark Moore.

Phonics

Make lower case P in salt tray. Talk about rhyming words in the poem.

Counting Skills

Count cotton balls to twenty.

Fine Motor Skills

Sort cotton balls into two equal piles.

Large Motor Skills

Play snow blower. Have your child use a straw to blow cotton balls across the floor.

Practical Life Skills

Do a 10 minute tidy.

Art Skills

Santa Puppet -Cut the middle from a paper plate. Paint the remaining outer circle red. Glue 16 cotton balls to the bottom half of the plate for a beard. Cut out the Santa Hat template and color or paint it red. Glue more cotton balls along the bottom and the tip of the hat. Glue the hat to the top of the paper plate circle and glue a large craft stick on the bottom of the face.

WEDNESDAY

Read Aloud

Read a Christmas themed ABC book.

Phonics

Add to letter book.

Counting Skills

Practice auditory numeral sequences.

Fine Motor Skills

Do deep pressure hand massage.

Large Motor Skills

Practice galloping and hopping.

Practical Life Skills

Fold clothes together and play store with the folded clothes.

Art Skills

Twig Christmas Trees. Gather a large craft stick and 12 twigs, cut in graduated lengths from 1/2 to 3 inches long. Allow your child to arrange the twigs on the craft stick to make a Christmas tree shape. Use white glue to glue the twigs to the craft stick. Glue or staple a ribbon to the top for a hanger and allow to dry.

THURSDAY

Read Aloud

Read *The Year Of The Perfect Christmas Tree*
by Gloria Houston.

Phonics

Review phonograms. Search your house for
items that begin with the letter P.

Counting Skills

Count how many popcorn kernels fit in 1/4
cup.

Fine Motor Skills

Make Christmas trees from air dry clay.

Large Motor Skills

Act out the Christmas story.

Practical Life Skills

Make popcorn balls. See included recipe

Art Skill

Decorate a Christmas tree, or paint the air dry
Christmas trees and use them as ornaments.

The Night Before Christmas

by Clement Clark Moore

'Twas the night before Christmas,
when all through the house
Not a creature was stirring, not even a mouse.
The stockings were hung by the chimney with care,
In hopes that St. Nicholas soon would be there.

The children were nestled all snug in their beds.
While visions of sugar-plums danced in their heads.
And mamma in her 'kerchief and I in my cap,
Had just settled our brains for a long winter's nap.

When out on the lawn there arose such a clatter,
I sprang from the bed to see what was the matter.
Away to the window I flew like a flash,
Tore open the shutters and threw up the sash.

The moon on the breast of the new-fallen snow
Gave the lustre of mid-day to objects below.
When, what to my wondering eyes should appear,
But a miniature sleigh, and eight tiny reindeer.

With a little old driver, so lively and quick,
I knew in a moment it must be St. Nick.
More rapid than eagles his coursers they came,
And he whistled, and shouted, and called them by name!

"Now Dasher! now, Dancer! now, Prancer and Vixen!
On, Comet! On, Cupid! on, Donner and Blitzen!
To the top of the porch! to the top of the wall!
Now dash away! Dash away! Dash away all!"

As dry leaves that before the wild hurricane fly,
When they meet with an obstacle, mount to the sky.
So up to the house-top the coursers they flew,
With the sleigh full of Toys, and St. Nicholas too.

(cont)

The Night Before Christmas

(cont)
by Clement Clark Moore

And then, in a twinkling, I heard on the roof
The prancing and pawing of each little hoof.
As I drew in my head, and was turning around,
Down the chimney St. Nicholas came with a bound.

He was dressed all in fur, from his head to his foot,
And his clothes were all tarnished with ashes and soot.
A bundle of Toys he had flung on his back,
And he looked like a peddler, just opening his pack.

His eyes-how they twinkled! his dimpled how merry!
His cheeks were like roses, his nose like a cherry!
His droll little mouth was drawn up like a bow,
And the beard of his chin was as white as the snow.

The stump of a pipe he held tight in his teeth,
And the smoke it encircled his head like a wreath.
He had a broad face and a little round belly,
That shook when he laughed, like a bowlful of jelly!

He was chubby and plump, a right jolly old elf,
And I laughed when I saw him, in spite of myself!
A wink of his eye and a twist of his head,
Soon gave me to know I had nothing to dread.

He spoke not a word, but went straight to his work,
And filled all the stockings, then turned with a jerk.
And laying his finger aside of his nose,
And giving a nod, up the chimney he rose!

He sprang to his sleigh, to his team gave a whistle,
And away they all flew like the down of a thistle.
But I heard him exclaim, 'ere he drove out of sight,
"Happy Christmas to all, and to all a good night!"

Qq

W E E K 1 7

Letter Q

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Queen Victoria's Bathing Machine</i> by Gloria Whelan	The story of Esther in a children's <i>Bible</i>	A favorite ABC book	<i>The Quiltmaker's Gift</i> by Jeff Brumbeau	Field Trip Day! Visit a fabric store or quilt show with your child
PHONICS	Make glitter glue Q Review other letters	Make lower case Q in salt Review other phonograms	Pudding phonics	Dictate letter sounds to your child for them to write on a chalkboard	
COUNTING SKILLS	Use pre-purchased glue on gems as counting objects	Play a math themed board game	Attach correct quantity of clothespins to numeral dot cards	Count jewelry or fancy things	
FINE MOTOR SKILLS	Gem counting activity	Draw zig zags down the middle of the long side of construction paper	See Counting Skills activity	See Practical Life Skills	
LARGE MOTOR SKILLS	Bubble tournament Blow bubbles	Play follow the leader Allow your child a turn to be the leader	Practice kicking or throwing a ball	Make a bear cave from blankets and chairs	
PRACTICAL LIFE SKILLS	Discuss authority structures with your child	Allow your child to prepare and serve a snack for the day	Work on setting the table with your child	Make a triple berry pie	
ART SKILLS	Make a crown	Have your child paint a picture of a queen or a crown	Make name cards to go with each place setting	Make a quilt	

Supplies - Letter Qq

Books

Queen Victoria's Bathing Machine by Gloria Whelan
The Quiltmaker's Gift by Jeff Brumbeau
An ABC Book
Children's Bible

Kitchen

Pie Crust
Mixed Berries
Corn Starch
Sugar
Brown Sugar
Flour
Rolled Oats
Butter

Around the House

Math Themed Board Game
Blankets/ Chairs
Chalkboard
Clothespins
Ball
Jewelry or Other Fancy Things
Bubbles

Craft / Hardware

Glitter Glue
Flat Container of Salt
Watercolor Paint
Paint Brush
Card Stock Paper
Staples and Stapler or Tape
Construction Paper
Index Cards
Items for Quilt: squares of paper, felt, or fabric
Glue or Stick-on Gems

TPP Printables

Letter Q Flash Cards (two copies)
Large Letter Q
Triple Berry Pie Recipe
Number Cards

MONDAY

Read Aloud

Read *Queen Victoria's Bathing Machine* by Gloria Whelan.

Phonics Counting Skills

Make glitter glue Q and review other letters.

Counting Skills

Use pre-purchased glue on gems as counting objects. Sort by color and match quantities to numeral cards. Talk about largest group and smallest group.

Fine Motor Skills

Gem counting activity.

Large Motor Skills

Bubble Tournament. Blow bubbles. Your children must use a pre-purchased toy sword or princess wand to pop the bubbles. Make them stand inside of a sidewalk chalk circle while they swing so that only the bubbles get hit.

Practical Life Skills

Discuss authority structures with your child. Being in charge requires a lot of responsibility. Let your child be queen or king of the home for an hour and try to imagine how much work is required as queen of the home.

Art Skills

Make a crown. Cut two sheets of construction paper with a crown pattern. Staple or tape one end together. Measure to fit your child's head and cut any excess before allowing your child to decorate the flat crown. Once it is decorated, tape or staple the ends together and let them wear their crown.

TUESDAY

Read Aloud

Read the story of Esther in a children's *Bible*.

Phonics

Make lower case Q in salt. Review other phonograms as well as name writing.

Counting Skills

Play a math themed board game. Chutes and Ladders, Monopoly Jr., etc.

Fine Motor Skills

Draw zig zags down the middle of the long side of construction paper. Allow your child to cut the zig zags and make a small crown for a doll or other toy.

Large Motor Skills

Play follow the leader. Allow your child a turn to be the leader. On your turn to lead, include developmental movements such as army crawl, hands and knees crawl, and figure eight with arms.

Practical Life Skills

Allow your child to prepare and serve a snack for the day.

Art Skills

Have your child paint a picture of a queen or a crown. Add an upper and lower case Q for the alphabet binder.

WEDNESDAY

Read Aloud

Read a favorite ABC book.

Phonics

Make a package of pudding and smooth it into a cake pan. Allow your child to review phonograms and simple words in the pudding.

Counting Skills

Attach correct quantity of clothespins to numeral-dot cards.

Fine Motor Skills

See counting activity.

Large Motor Skills

Practice kicking or throwing a ball.

Practical Life Skills

Work on setting the table with your child.

Art Skills

Make name cards to go with each place setting. Use index cards. Decorate the bottom half with a name and your child's drawings. Fold in half for a simple place card.

THURSDAY

Read Aloud

Read *The Quiltmaker's Gift* by Jeff Brumbeau.

Phonics

Dictate letter sounds to your child for them to write on a chalkboard. If they are stuck, show them the glitter glue card equivalent.

Counting Skills

Collect jewelry or other fancy things. Have your child count out the objects you collected.

Fine Motor Skills

See Practical Life skill.

Large Motor Skills

Make a bear cave from blankets and chairs.

Practical Life Skills

Make a triple berry pie. Have your child mix berries with cinnamon and honey.

Art Skills

Make a quilt. Depending on skill level, (yours and your child's) use squares of paper glued together on construction paper, squares of felt sewn together, or an actual small quilt for a doll or stuffed animal.

Rr

WEEK 18

Letter R

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Roxaboxen</i> by Alice McLerran, Barbara Cooney	"Rain" by Robert Louis Stevenson	A favorite ABC book	<i>Red Riding Hood</i> by James Marshall	Bring a basket of goodies to a grandmother or new mom who needs some TLC
PHONICS	Make glitter glue R Review other letters	Make lower case R in salt Review other phonograms	Dictate letter sounds to your child for them to write on a chalkboard	Play the command game	
COUNTING SKILLS	<i>Roxaboxen</i> count	Give your child ten medium sized nails to count	Attach correct quantity of clothespins to numeral dot cards	Purchase ten peg dolls from a craft store and count them with your child	
FINE MOTOR SKILLS	Arrange rocks into a mini "Roxaboxen" for your dolls or stuffed animals	Make a rain stick	Do deep pressure massage on hands or body brush your child's back and shoulders	See Counting Skill	
LARGE MOTOR SKILLS	Stick horse - find a stick	Splash in puddles or dance and sing to a rainy day song	Teach your child how to do jumping jacks	Skip, hop and gallop a pretend path through the woods	
PRACTICAL LIFE SKILLS	Do a ten minute tidy	Discuss the water cycle with your child	Fold clothes together and sing an ABC song	Make cookies to take to a new mom or grandma who needs cheering	
ART SKILLS	Make a watercolor copy of one of Barbara Cooney's gorgeous illustrations	Make a cover for your rain stick	Have your child make his/her name in clay	<i>Little Red Riding Hood</i> peg people	

Supplies - Letter Rr

Books

Roxaboxen by Alice McLerran, Barbara Cooney
Red Riding Hood by James Marshall
An ABC Book

Kitchen

Rice or Pasta

Around the House

Chalkboard
Small River Rocks or Pebbles
Cylindrical Container (baton style cookie container or Pringles can)
Stick
Clothespins

Craft / Hardware

Glitter Glue
Flat Container of Salt
Watercolor Paint
Paint Brush
Card Stock Paper
Clay
Hot Glue Gun and Glue
Yarn or Hemp Twine
Nails
Hammer
Duct Tape
Wooden Peg People

TPP Printables

Letter R Flash Cards (two copies)
Large Letter R
"Rain" Poem
Number Cards

MONDAY

Read Aloud

Read *Roxaboxen* by Alice McLerran, Barbara Cooney.

Phonics

Make glitter glue R. Review other letters.

Counting Skills

Roxaboxen Count - Gather rocks from your yard or purchase some from a home supply store. Count and sort by size.

Fine Motor Skills

Arrange rocks into a mini "Roxaboxen" for your dolls or stuffed animals.

Large Motor Skills

Stick horse - Find a stick. Tie on hemp or yarn reins. Gallop around the yard on your toy horse.

Practical Life Skills

Do a ten minute tidy. Set up a store with gathered toys and "sell" them to each other. Put them where they belong.

Art Skills

Make a watercolor copy of one of Barbara Cooney's gorgeous illustrations. Add a letter R for your alphabet binder.

TUESDAY

Read Aloud

Read "Rain" by Robert Louis Stevenson.

Phonics

Make lower case R in salt. Review other phonograms as well as name writing.

Counting Skills

Give your child ten medium sized nails to count.

Fine Motor Skills

Make a rainstick. Nail the ten nails in a random pattern up and down and around a cardboard cylindrical container. Fill the container 1/3 full with a mix of rice and lentils or pasta. Seal tightly.

Large Motor Skills

Splash in puddles or dance and sing to a rainy day song.

Practical Life Skills

Discuss the water cycle with your child. Wash dishes while discussing water conservation and care.

Art Skills

Make a cover for your rain stick. Use card stock that is cut to fit the cylinder. Paint or color a picture over the yardstick and then cover the rain stick thoroughly with your picture and tape the ends tightly shut.

WEDNESDAY

Read Aloud

Read a favorite ABC book.

Phonics

Dictate letter sounds to your child for them to write on a chalkboard.

Counting Skills

Attach correct quantity of clothespins to numeral dot cards.

Fine Motor Skills

Do deep pressure massage on hands or body brush your child's back and shoulders.

Large Motor Skills

Teach your child to do jumping jacks.

Practical Life Skills

Fold clothes together and sing an ABC song.

Art Skills

Have your child make his/her name in clay.
Paint the letters and (parents) hot glue to a block of wood.

THURSDAY

Read Aloud

Read *Red Riding Hood* by James Marshall.

Phonics

Play the command game. Use the verb cards and take turns drawing a card and following the directions.

Counting Skills

Purchase ten pegs from a craft store. Count them and work a few simple addition and subtraction problems with your child.

Fine Motor Skills

See Counting skill.

Large Motor Skills

Skip, hop and gallop a pretend path through the woods.

Practical Life Skills

Make cookies to take to a new mom or a friend who needs cheering up.

Art Skills

Little Red Riding Hood Peg People. Use sharpies or paints to make characters from the story out of your pegs.

Rain

By: Robert Louis Stevenson

The rain is raining all around,
It falls on field and tree,
It rains on the umbrellas here,
And on the ships at sea.

Ss

WEEK 19

Letter S

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>The Snowy Day</i> by Ezra Jack Keats	"Singing" by Robert Louis Stevenson	Read a favorite ABC book	<i>Stone Soup</i> by Marcia Brown	Field Trip Day! Go sledding or ice skating
PHONICS	Make glitter glue S Review name writing	Review phonograms	Add missing letters and pictures to your letter book	Copy the book title Write down your child's retelling of the story	
COUNTING SKILLS	Count mini marshmallow 'snowballs' Match quantities with your number cards	Practice counting to 100 using a 100 number chart	Do auditory number sequences	With your child, take a basic inventory of food in your home	
FINE MOTOR SKILLS	Cut out snowflakes from plain copy paper	Review crochet chain stitch, knitting, or bead stringing	Deep pressure massage on hands	Peeling or chopping vegetables	
LARGE MOTOR SKILLS	Build a snowman If you don't have snow, take a winter nature walk	Sing action songs	Do a phonics crab walk	Wheelbarrow Demonstrate a plank with your child	
PRACTICAL LIFE SKILLS	Make hot cocoa and clean up the mess	Rhythm Download a metronome app on your phone	Fold clothes together Play store with the folded clothing	Make stone soup with your child	
ART SKILLS	Make a <i>Snowy Day</i> collage	Listen to choral music	Make a winter greenery arrangement	Seed collage	

Supplies - Letter Ss

Books

Stone Soup by Marcia Brown
The Snowy Day by Ezra Jack Keats
An ABC Book
Hymnal or Children's Song Book

Kitchen

Dried Pasta
Two Meaty Beef Soup Bones or Stew Meat
Milk
Cocoa Powder
Sugar
Vanilla
Raw Apple Cider Vinegar
Potatoes
Onion
Carrots
Celery
Kale or Swiss Chard
Garlic
Lentils
Sea Salt
Pepper
Basil
Oregano
Chilli Powder
Bay Leaves
Red Wine
Mini Marshmallows

Around the House

Metronome App
Choral Music
Winter Greenery
Seeds

Craft / Hardware

Glitter Glue
Flat Container of Salt
Watercolor Paint
Paint Brush
Card Stock Paper
Copy Paper
Yarn, Knitting Needle/ Crochet Hook, or
Beads and String
White and Black Card Stock or Construction Paper
Colored Tissue Paper

TPP Printables

Letter S Flash Cards (two copies)
Large Letter S
Stone Soup Recipe
Hot Cocoa Recipe
Number Cards
100 Number Chart Printable
"Singing" Poem

MONDAY

Read Aloud

Read *The Snowy Day* by Ezra Jack Keats.

Phonics

Make glitter glue S. Review name writing.

Counting Skills

Count mini marshmallow “snowballs”. Match quantities with your numeral cards.

Fine Motor Skills

Cut out snowflakes from plain copy paper.

Large Motor Skills

Build a snowman. If you don't have snow, take a winter nature walk.

Practical Life Skills

Make hot cocoa and clean up the mess.

Art Skills

Make a “Snowy Day” collage. Use colored tissue paper, along with white and black card stock or construction paper. Add upper and lower case S and put in your alphabet binder.

TUESDAY

Read Aloud

Read "Singing" by Robert Louis Stevenson.

Phonics

Review phonograms.

Counting Skills

Practice counting to 100, using a 100 number chart. Look through a children's songbook or hymnal with your child. Write down page numbers of favorite songs.

Fine Motor Skills

Review crochet chain stitch, knitting, or bead stringing.

Large Motor Skills

Sing action songs. "Head and Shoulders, Knees and Toes", "Father Abraham", or "Deep and Wide" are a few possibilities.

Practical Life Skills

Rhythm- Download a metronome app on your phone. Clap out various timings with your child.

Art Skills

Listen to choral music. Westminster Choir is one possibility. Sing a few hymns with your child.

WEDNESDAY

Read Aloud

Read a favorite ABC book, then flash all letters and their sound. Allow your child to repeat, but don't force it.

Phonics

Letter book- For each letter learned so far, allow your child to draw a picture and add the upper and lower case letters. Add to it with each letter that you learn.

Counting Skills

Do auditory number sequences.

Fine Motor Skills

Deep pressure massage on hands.

Large Motor Skills

Do a phonics crab walk. For every phonogram they correctly identify, they take one crab step or roll forward.

Practical Life Skills

Fold clothes together. Play store with the folded clothing.

Art Skills

Make a winter greenery arrangement. Gather twigs or evergreen branches and arrange a bouquet or table scape together.

THURSDAY

Read Aloud

Read *Stone Soup* by Marcia Brown.

Phonics

Copy the book title. Write down your child's retelling of the story.

Counting Skills

With your child, take a basic inventory of food in your home. Count cans in the cupboard, types of vegetables, packages of pasta, etc.

Fine Motor Skills

Depending on ability level, teach your child how to safely peel a potato or cut vegetables or measure water and salt.

Large Motor Skills

Wheelbarrow-Demonstrate a plank with your child. If their core is sufficiently strong, gently lift their legs and wheelbarrow them along.

Practical Life Skills

Make stone soup with your child. See included recipe.

Art Skills

Seed collage. While the soup is cooking, have your child glue seeds and pasta into the letter S template.

Singing

by Robert Louis Stevenson

Of speckled eggs the birdie sings
And nests among the trees;
The sailor sings of ropes and things
In ships upon the seas.

The children sing in far Japan,
The children sing in Spain;
The organ with the organ man
Is singing in the rain.

Tt
WEEK 20

Letter T

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>A Tree Is Nice</i> by Marc Simont, Janice Udry	Philippians 4:8	A favorite ABC book	<i>A Time To Keep</i> by Tasha Tudor	Field Trip Day! Have a Valentine's Day party
PHONICS	Make glitter glue T Review name writing	Write true and encouraging phrases about your child	Add missing letters and pictures to your letter book	Teach your child the months of the year	
COUNTING SKILLS	Gather 10 pine cones, acorns or twigs	Make a bead calculator	Do auditory number sequences	Discuss what a dozen means	
FINE MOTOR SKILLS	Build a small tee pee with your twigs	See counting activity	Do deep pressure hand massage	Cut out hearts	
LARGE MOTOR SKILLS	Make a tee pee	Play 'Simon Says'	Practice skipping and galloping	Play musical chairs	
PRACTICAL LIFE SKILLS	Plant a shade tree with your child	Talk about personal care	Clean the kitchen together	Bake a heart shaped cake	
ART SKILLS	Watercolor paint a tree	Splatter paint	Make bark rubbings	Make homemade valentines	

Supplies - Letter Tt

Books

A Tree Is Nice by Marc Simont, Janice Udry

A Time To Keep by Tasha Tudor

An ABC Book

Nature Anatomy by Julia Rothman

Bible

Kitchen

Egg Carton

Beans or Other Counters

Cake Mix

Square Cake Pan

Circle Cake Pan

Butter

Powdered Sugar

Vanilla

Milk

Sprinkles

Around the House

Twigs, Pinecones, or Acorns

5-6 ft Dowels or Branches

Shade Tree to Plant

Long Finish Nails (nails without heads)

Block of Wood

Hammer

Toothbrush

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Copy Paper

Crayons

Pony Beads

Poster or Finger Paints

Valentines Supplies (paper doilies, red pom poms, pink paper, glitter glue)

Hemp Twine

TPP Printables

Letter T Flash Cards (two copies)

Large Letter T

Number Cards

Philippians Printable

MONDAY

Read Aloud

Read *A Tree Is Nice* by Marc Simont, Janice Udry.

Phonics

Make glitter glue T. Review name writing.

Counting Skills

Gather 10 pinecones, acorns or twigs. Count them. Make tally marks for each item.

Fine Motor Skills

Build a small tee pee with your twigs.

Large Motor Skills

Ask an orchardist for fruit tree cuttings. Or buy long dowels from a lumber yard. Make a child sized teepee from 5-6 ft tall branches or dowels. Secure them at the top with tightly tied twine.

Practical Life Skills

Plant a shade tree with your child.

Art Skills

Watercolor paint a tree. Use the book, or *Nature Anatomy* by Julia Rothman as inspiration. Add an upper and lower case T for your alphabet binder.

TUESDAY

Read Aloud

Read Philippians 4:8.

Phonics

Write true phrases about your child, i.e. "You are special", "You are gifted", "God has good plans for you". Read them to your child and make a habit of repeating them.

Counting Skills

Make a bead calculator. Pound 3 large finish nails (headless nails) onto a rectangle of wood. Allow your child to stack pony beads on the nails to make equations. Use the third nail for the answer.

Fine Motor Skills

See counting activity.

Large Motor Skills

Play 'Simon Says'.

Practical Life Skills

Talk about personal care-Hair brushing, teeth brushing, flossing, etc. Review needed skills.

Art Skills

Splatter paint. Use a toothbrush and finger paint. Dip the toothbrush in paint and then run your finger along the brush to allow the paint to splatter on the paper.

WEDNESDAY

Read Aloud

Read a favorite ABC book.

Phonics

Letter book- For each letter learned so far, allow your child to draw a picture and add the upper and lower case letters. Add to it with each letter that you learn.

Counting Skills

Do auditory number sequences.

Fine Motor Skills

Deep pressure massage on hands.

Large Motor Skills

Practice skipping and galloping.

Practical Life Skills

Clean the kitchen together. Let your child clean the front of the fridge or stove with a rag and natural cleaning spray.

Art Skills

Make bark rubbings. Take copy paper and crayons on a walk and make rubbings of interesting textures. Make a collage from your rubbings.

THURSDAY

Read Aloud

Read *A Time To Keep* by Tasha Tudor.

Phonics

Teach your child the months of the year.
Discuss favorite traditions and holidays from each month.

Counting Skills

Discuss what a dozen means. Give your child an empty egg carton with each space numbered 1-12. Give them small objects such as beans to fill each space with the appropriate quantity.

Fine Motor Skills

Cut out hearts.

Large Motor Skills

Play musical chairs.

Practical Life Skills

Bake a heart-shaped cake. Mix up a simple cake mix. Divide the mix into a square pan and a circle pan. When cooled, cut the circle in half and place on two sides of the square cake to make a heart shape. Frost and have your child top with sprinkles.

Art Skills

Make homemade valentines.

Philippians 4:8

King James Version (KJV)

Finally, brethren,
whatsoever things are true,
whatsoever things are honest,
whatsoever things are just,
whatsoever things are pure,
whatsoever things are lovely,
whatsoever things are of good report;
if there be any virtue,
and if there be any praise,
think on these things.

Uu

WEEK 21

Letter U

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Great Day For Up</i> by Dr. Seuss	"Unreturning" by Emily Dickinson	A favorite ABC book	<i>Umbrella</i> by Taro Yashima	Field Trip Day! Visit a beach or marina
PHONICS	Make glitter glue U Review other letters	Write letters and simple words in sand or a salt tray	Add missing letters and pictures to your letter book	Review phonograms	
COUNTING SKILLS	Collect pairs of shoes in your house	Count collected nature items	Do auditory numeral sequences	Make addition and subtraction problems	
FINE MOTOR SKILLS	Play the object game	Make a seashore sensory bin	Deep pressure massage on hands or brushing and massage on your child's back	Make an umbrella and rubber boots from clay	
LARGE MOTOR SKILLS	Do a phonics hop	Write letters in sand or dirt with a walking stick or thin shovel	Practice creeping and crawling	Make a fort from chairs and blankets	
PRACTICAL LIFE SKILLS	Clean windows together	Clean your car together	Sort toys together	Bake jam thumbprint cookies	
ART SKILLS	Pipe cleaner umbrella collage	Make a toy boat	Sing together Memorize a few encouraging songs	Paint a picture from the book	

Supplies - Letter Uu

Books

Umbrella by Taro Yashima

Great Day For Up by Dr. Seuss

Kitchen

Rice

Butter

Powdered Sugar

Flour

Cornstarch

Vanilla

Around the House

Handkerchief

Small Phonetic Objects

Collected Nature Counters

Sensory Bin

Seashells

Sea Creatures

Water Beads

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Clay

Driftwood / block of wood

Nail

Paint

Sculpting Clay

Pipe Cleaners

TPP Printables

Letter U Flash Cards (two copies)

Large Letter U

Jam Thumbprint Recipe

Number Cards

"Unreturning" Poem

MONDAY

Read Aloud

Read *Great Day For Up* by Dr. Seuss.

Phonics

Make glitter glue U. Review other letters.

Counting Skills

Collect pairs of shoes in your house. Count how many pairs of shoes are in your house.

Divide by the number of pairs of feet.

Fine Motor Skills

Play the object game. Gather tiny objects and match beginning sounds to moveable alphabet pieces.

Large Motor Skills

Do a phonics hop. Your child gets one hop forward for each phonogram they identify correctly.

Practical Life Skills

Clean windows together.

Art Skills

Pipe cleaner umbrella collage. Cut an umbrella shape from card stock. Have your child glue the umbrella shape to card stock with a pipe cleaner handle. Add an upper and lower case U for the alphabet binder.

TUESDAY

Read Aloud

Read "Unreturning" by Emily Dickinson.

Phonics

Write letters and simple words in sand or salt tray.

Counting Skills

Count collected nature items- sea shells, rocks, etc. Categorize by size or color.

Fine Motor Skills

Make a seashore sensory bin. Add seashells and sea creatures to a bin of sand, rice or water beads. Place the bin on a tablecloth or outdoors and allow your child to play in it with their hands and feet. Challenge them to find hidden treasures.

Large Motor Skills

Write letters in sand or dirt with a walking stick or thin shovel.

Practical Life Skills

Clean your car together. Give your child a bag to collect and sort trash and other items.

Art Skills

Make a toy boat. Use a piece of driftwood with a nail for a mast and a handkerchief for a sail, or make it from a block of wood and a dowel mast.

WEDNESDAY

Read Aloud

Read a favorite ABC book.

Phonics

Letter book-For each letter learned so far, allow your child to draw a picture and add the upper and lower case letters. Add to it with each letter that you learn.

Counting Skills

Do auditory number sequences.

Fine Motor Skills

Deep pressure massage on hands.

Large Motor Skills

Practice creeping and crawling.

Practical Life Skills

Sort toys together. Gather unwanted toys to donate to a needy child.

Art Skills

Sing together. Memorize a few encouraging songs.

THURSDAY

Read Aloud

Read *Umbrella* by Taro Yashima.

Phonics

Review phonograms. Have your child trace each glitter glue letter as they say the sound. Make simple words with your moveable alphabet.

Counting Skills

Make addition and subtraction problems using your collected nature items or your bead calculator.

Fine Motor Skills

Make an umbrella and rubber boots from clay.

Large Motor Skills

Make a fort from chairs and blankets. Pretend you are under a toad stool. Have a tea party.

Practical Life Skills

Bake jam thumbprint cookies. Fill them with raspberry jam. See included recipe.

Art Skills

Paint a picture from the book.

Unreturning

by Emily Dickinson

'Twas such a little, little boat
That toddled down the bay!
'Twas such a gallant, gallant sea
That beckoned it away!
'Twas such a greedy, greedy wave
That licked it from the coast;
Nor ever guessed the stately sails
My little craft was lost!

Vv

WEEK 22

Letter V

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Zin! Zin! Zin! A Violin</i> by Lloyd Moss	John 6:47	A favorite ABC book	<i>The Velveteen Rabbit</i> by Margery Williams	Field Trip Day! Go to a choir or orchestra performance
PHONICS	Make glitter glue V Review other letters	Write letters and simple words in sand or salt tray	Add missing letters and pictures to your letter book	Review phonograms	
COUNTING SKILLS	Count the different kinds of instruments in an orchestra	Gather spices Count how many different kinds of spices your family has	Play the memory game with your child	Count toys	
FINE MOTOR SKILLS	Match instruments to beginning sounds	Cooked noodle letters	Pop bubble wrap with your child	Make a fairy garden	
LARGE MOTOR SKILLS	Learn a basic dance step	Practice kicking a ball and play an easy game of soccer	Practice creeping and crawling	Act out the story- creep, crawl and hop out the actions	
PRACTICAL LIFE SKILLS	Room cleaning review	Fold clothes together	Give your child a rag and some spray to clean doorknobs and light switch covers	Create a salad bar with your child	
ART SKILLS	Make a footprint violin	Give your child a stack of art postcards	Shoebox theater	Paint a picture from the book	

Supplies - Letter Vv

Books

Zin! Zin! Zin! A Violin by Lloyd Moss

The Velveteen Rabbit by Margery Williams

Bible

An ABC Book

Kitchen

Assorted Spices

Cooked Spaghetti

Salad Bar Ingredients (see recipe)

Paper Plate

Tin Pie Plate

Around the House

Rag

Natural Cleaner

Safari Musical Instruments Toob

Ball

Small Objects

Bubble Wrap

Shoebox

Small Pebbles

Toadstool

Small Plants

Dirt

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Finger Paint

Posterboard

Art Postcards (the Child Sized Masterpieces for Step 1 would be perfect)

TPP Printables

Letter V Flash Cards (two copies)

Large Letter V

Number Cards

Violin Printable

John Printable

Instrument Printable

MONDAY

Read Aloud

Read *Zin! Zin! Zin! A Violin* by Lloyd Moss.

Phonics

Make glitter glue V. Review other letters.

Counting Skills

Count the different kinds of instruments in an orchestra. Count instruments from a Safari Musical instruments Toob.

Fine Motor Skills

Use a musical instruments Toob from Safari and match instruments to beginning sounds.

Large Motor Skills

Learn a basic dance step, the waltz, etc.

Practical Life Skills

Room cleaning review. Check under beds!

Art Skills

Make a footprint violin. Have your child step in a paper plate full of finger paint and then step onto the corner of a piece of card stock or poster board. When the paint is dry, use a black marker to draw a neck and peg box on the footprint violin 'body'.

TUESDAY

Read Aloud

Read John 6:47. "Verily, verily, I say unto you, He that believeth on me hath everlasting life." Explain to your child that verily is a fancy way of saying something is true, and it verily is true that God loves them and wants them to believe it.

Phonics

Write letters and simple words in sand or salt tray.

Counting Skills

Gather spices. Count how many different kinds of spices your family has. Smell them and talk about differences and similarities.

Fine Motor Skills

Give your child cooked spaghetti noodles and let them make letters on a cookie sheet with the noodles.

Large Motor Skills

Practice kicking a ball. Play an easy game of soccer.

Practical Life Skills

Fold clothes together. Play store with the folded clothes, taking turns putting them away.

Art Skills

Give your child a stack of art postcards to look at or match, or play an art memory game with your child. The Peaceful Press Art Memo Game would be great for this activity

WEDNESDAY

Read Aloud

Read a favorite ABC book.

Phonics

Add missing letters and pictures to your letter book. Flash the phonograms and let your child repeat after you any that they missed.

Counting Skills

Play the memory game with your child. Show your child a few objects. Cover or hide the objects and ask them to tell you what they saw. Start with 3 objects correctly recalled, and then add more as long as they are engaged.

Fine Motor Skills

Bubble wrap- Pop bubble wrap with your child.

Large Motor Skills

Practice creeping and crawling.

Practical Life Skills

Give your child a rag and some spray to clean doorknobs and light switch covers.

Art Skills

Shoebox Theatre- Use a shoe box to make a small puppet theatre for your peg people or other small figures. Color or paint backdrops with your child.

THURSDAY

Read Aloud

Read *The Velveteen Rabbit* by Margery Williams.

Phonics

Review phonograms. Have your child match beginning sounds or word labels with favorite toys, i.e., rabbit, bear, block, car, doll, book, etc.

Counting Skills

Count toys-Count all your child's toys with them, or count a certain category of toys.

Fine Motor Skills

Make a fairy garden. Gather tiny plants from your yard and arrange them with pebbles and a toad stool in a tin pie plate. Add a toy bunny.

Large Motor Skills

Act out the story-creep, crawl and hop out the actions of the animals.

Practical Life Skills

Create a salad bar with your child. Gather favorite ingredients and arrange them for a fun and healthy lunch with your child.

Art Skills

Paint a picture from the book. Add an upper and lower case letter V and add it to your alphabet binder.

John 6:47

King James Version (KJV)

Verily, Verily, I say unto you,
He that believeth on me hath everlasting life.

Ww

WEEK 23

Letter W

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>The Snail and the Whale</i> by Julie Donaldson	"Who Has Seen the Wind?" by Christina Rossetti	A favorite ABC book	<i>Wonderful Worms</i> by Linda Glaser	Field Trip Day! Visit a tide pool, aquarium, plant nursery or organic farm
PHONICS	Make glitter glue W Review other letters	Write letters and simple words in sand or tray	Add missing letters and pictures to your letter book	Review phonograms Play an object game	
COUNTING SKILLS	Gather small objects for float or sink Count them	Observe new growth on the trees and plants around your home	Do auditory and visual number sequence	Make 10-20 worms with play dough Separate into groups of two	
FINE MOTOR SKILLS	Play float or sink	Play 'the wind'	Is your child using markers and crayons?	Tear up strips of newspaper for a worm habitat	
LARGE MOTOR SKILLS	Play 'beached whale'	Take a nature walk	Practice creeping and crawling	Start clearing a garden space	
PRACTICAL LIFE SKILLS	Review your morning routine	Sweep the floors or porches	Clean under the couch cushions with your child	Start garden seeds in flats	
ART SKILLS	Paint a copy of one of the illustrations from the book	Make a collage from gathered nature items	Review problem letters with clay	Create a worm habitat	

Supplies - Letter Vv

Books

The Snail and the Whale by Julie

Donaldson

Wonderful Worms by Linda Glaser

An ABC Book

Kitchen

Watertight Bowl or Tub

Straw

Egg Cartons

Around the House

Broom

Nature Items

Small Objects for Floating/Sinking

Flower Petals

Child-sized Shovel

Measuring Tape

Garden Seeds

Plastic or Glass Cup for Starting Seeds

Newspaper

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Paint

Glue or Tape

Clay

TPP Printables

Letter W Flash Cards (two copies)

Large Letter W

Number Cards

"The Wind" Poem

MONDAY

Read Aloud

Read *The Snail and the Whale* by Julie Donaldson.

Phonics

Make glitter glue W. Review other letters.

Counting Skills

Gather small objects for Float or Sink. Count how many altogether. Count how many float and how many sink. Make up word problems.

Fine Motor Skills

Play Float or Sink- Gather small objects and let your child drop each one in a tub of water and observe whether they float or sink.

Large Motor Skills

Play 'Beached Whale' Have your child lay on their tummy and try to work their way off the beach (backwards on your floor to a predetermined spot) while keeping their belly on the ground.

Practical Life Skills

Review your morning routine. Help your child with areas that need more consistency .

Art Skills

Paint a copy of one of the illustrations from the book. Add an upper and lower case W.

TUESDAY

Read Aloud

Read "Who Has Seen the Wind?" by Christina Rossetti.

Phonics

Write letters and simple words in sand or salt tray.

Counting Skills

Observe new growth on the trees and plants around your home. Count with your child some of the plants that are in your yard. Review counting to 100 with 100 number board.

Fine Motor Skills

Play "The Wind". Gather flower petals (dollar store silk flowers would work). Use a straw to blow the flowers across a table or floor.

Large Motor Skills

Take a nature walk.

Practical Life Skills

Sweep the floors and porches.

Art Skills

Make a collage from gathered nature items.

WEDNESDAY

Read Aloud

Read a favorite ABC book.

Phonics

Add missing letters and pictures to your letter book. Flash the phonograms and let your child repeat after you any that they missed.

Counting Skills

Do auditory and visual number sequences. Place 3 numeral cards in front of your child. Let them look at them for about 30 seconds. Cover the cards and ask them to tell you what they saw. Visual and auditory sequencing are very important for fluent reading.

Fine Motor Skills

Is your child using markers and crayons? Check for proper pencil hold. If they struggle to hold their writing implements correctly, do more fine motor skills practice such as pinning clothespins, and transferring small items.

Large Motor Skills

Practice creeping and crawling.

Practical Life Skills

Clean under the couch cushions with your child. Perhaps they can operate the vacuum while you move cushions? Build a fort with the cushions.

Art Skills

Review problem letters with clay.

THURSDAY

Read Aloud

Read *Wonderful Worms* by Linda Glaser.

Phonics

Review phonograms. Play the object game by matching letter cards with small toys that start with the same letter.

Counting Skills

Make 10-20 worms with play dough. Separate into groups of two.

Fine Motor Skills

Tear up strips of newspaper for a worm habitat.

Large Motor Skills

Start clearing a garden space. Measure a 4x4 area in your yard (or 2x8 depending on yard size) and with your child, start shoveling and turning the dirt to prepare it for spring planting.

Practical Life Skills

Start garden seeds in flats. Also, allow your child to start bean seeds in a glass jar or plastic cup so they can witness the roots growing underground.

Art Skills

Fill a mason jar with layers of dirt, sand, torn up newspaper, and grass or leaves. Find a few worms to live in your habitat. Decorate the jar of your worm home.

Who Has Seen the Wind

by Christina Rossetti

Who has seen the wind?

Neither I nor you:

But when the leaves hang trembling,

The wind is passing through.

Who has seen the wind?

Neither you nor I:

But when the trees bow down their heads,

The wind is passing by.

Xx

WEEK 24

Letter X

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Hattie And The Fox</i> by Mem Fox	John 3:3b	A favorite ABC book	<i>Fox In Socks</i> by Dr. Seuss	Field Trip Day! Visit a farm or feed store
PHONICS	Make glitter glue X Review other letters	Write letters and simple words in sand or salt tray	Add missing letters and pictures to your letter book	Review phonograms	
COUNTING SKILLS	Counting corn	Copy numerals to 9	Do auditory and visual number sequences	Gather bottles for large motor skills Count them	
FINE MOTOR SKILLS	See counting activity	Deep pressure massage for hands	String beads created on Tuesday	See Art Skills	
LARGE MOTOR SKILLS	Act out the story	Skipping and hopping	Practice using a ball and bat Start with a large play ball	Visit a bowling alley or set up a bowling game with water filled bottles and a hard ball	
PRACTICAL LIFE SKILLS	Review pet care	Bathroom cleaning review	Water your garden	Make rice cereal squares for a chewy gooey snack	
ART SKILLS	Paint a copy of one of the illustrations from the book	Make beads from clay	Review problem letters with clay	Make sock puppets	

Supplies - Letter Xx

Books

Fox In Socks by Dr. Seuss

Hattie And The Fox by Mem Fox

Bible

An ABC Book

Kitchen

Skewer

Butter

Mini Marshmallows

Puffed Rice Cereal

Salt

Mix-ins (such as chocolate chips, coated
chocolate candies, sprinkles, etc)

Dried Corn or Popcorn

Egg Carton

Around the House

Ball

Bat

Empty 2-Liter Bottles

Mismatched Socks

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Paint/ Fingerpaint

Scissors

Clay

String

Yarn

Embroidery Thread

Googly Eyes

Markers

TPP Printables

Letter X Flash Cards (two copies)

Large Letter X

Rice Cereal Treats Recipe

Number Cards

Number Tracing Sheet

MONDAY

Read Aloud

Read *Hattie And The Fox* by Mem Fox.

Phonics

Make glitter glue X. Review other letters.

Counting Skills

Counting corn- Using your numbered egg carton, count dried corn or popcorn kernels into each space.

Fine Motor Skills

See counting activity.

Large Motor Skills

Act out the story.

Practical Life Skills

Review pet care.

Art Skills

Paint a copy of one of the illustrations from the book, or have your child finger paint using different implements for a variety of textures. Cut out a hen shape. Add an upper and lower case X.

TUESDAY

Read Aloud

Read John 3:3b. Except a man be born again, he cannot see the kingdom of God. (KJV)

Phonics

Write letters and simple words in sand or salt tray.

Counting Skills

Copy numerals to 9.

Fine Motor Skills

Deep pressure massage for hands.

Large Motor Skills

Skipping and hopping.

Practical Life Skills

Bathroom cleaning review.

Art Skills

Make beads from clay. Roll small balls and insert a skewer in the middle. When dry, paint and string (Wednesday's fine motor skill).

WEDNESDAY

Read Aloud

Read a favorite ABC book.

Phonics

Add missing letters and pictures to your letter book. Flash the phonograms and let your child repeat after you any that they missed.

Counting Skills

Do auditory and visual number sequences. Place 3 numeral cards in front of your child. Let them look at them for about 30 seconds. Cover the cards and ask them to tell you what they saw. Visual and auditory sequencing are very important for fluent reading.

Fine Motor Skills

String beads created on Tuesday.

Large Motor Skills

Practice using a ball and bat. Start with a large play ball.

Practical Life Skills

Water your garden.

Art Skills

Review problem letters with clay.

THURSDAY

Read Aloud

Read *Fox In Socks* by Dr. Seuss.

Phonics

Review phonograms. Make words from the book with moveable alphabet or on small chalkboard.

Counting Skills

Gather bottles for large motor skills. Count them.

Fine Motor Skills

See Art Skills.

Large Motor Skills

Bowling. Visit a bowling alley, or set up a bowling game with water filled bottles and a hard ball.

Practical Life Skills

Make rice cereal squares for a chewy gooey snack. See included recipe.

Art Skills

Make sock puppets. Use a mismatched sock. Draw a face on with a marker. Tie a loop of embroidery thread around several pieces of yarn and sew it to the sock. Sew or glue on eyes.

Yy
WEEK 25

Letter Y

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>Yaks Yak</i> by Linda Sue Park	Matthew 5:14-16	A favorite ABC book	<i>Extra Yarn</i> by Mac Barnett	Field Trip Day! Find a children's knitting class for your child, or visit a sheep farm
PHONICS	Make glitter glue Y Review other letters	Write simple letters and words in sand or salt tray	Add missing letters and pictures to your letter book	Make your child's name on card stock with glue and colored yarn	
COUNTING SKILLS	Animal pairs	Copy numerals to 9	Counting to 100	Start a knitting project	
FINE MOTOR SKILLS	Write the names of the animals you gathered on index cards	Play the memory game	Measure water or rice	See Practical Life Skills	
LARGE MOTOR SKILLS	Make command cards with the actions from the book	Creeping and crawling	Make figure eights with your arms	Make a yarn obstacle course	
PRACTICAL LIFE SKILLS	Organize the pairs of shoes in your home	Practice bed making	Wash dishes together	Bake a dozen cupcakes	
ART SKILLS	Copy a picture from the book Add an upper and lower case Y	Give your child a dollar store package of chenille stems	Review problem letters with clay or cooked spaghetti	Knitting project or felting with colored wool	

Supplies - Letter Yy

Books

Yaks Yak by Linda Sue Park

Extra Yarn by Mac Barnett

Bible

An ABC Book

Kitchen

Measuring cups

Cake Mix

Buttercream Frosting

Frosting Bag with Fine Round Tip

Cooked Noodles

Around the House

Toy Animals

Index Cards

Pairs of Shoes

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Glue

Colored Yarn

Knitting Needle

Pipe Cleaners

Wool for Felting

Felting Needle

Felting Base

TPP Printables

Letter Y Flash Cards (two copies)

Large Letter Y

Matthew Printable

Number Cards

Yaks Yak Cards Printable

MONDAY

Read Aloud

Read *Yaks Yak* by Linda Sue Park.

Phonics

Make glitter glue Y. Review other letters.

Counting Skills

Animal Pairs- Gather up any toy animals that you own. Try to make pairs.

Fine Motor Skills

Write the names of the animals you gathered on index cards. Match animal labels to the animal pairs.

Large Motor Skills

Make command cards with the actions from the book. Take turns acting them out with your child. Just pretend, don't really slug or ram anyone.

Practical Life Skills

Organize the pairs of shoes in your home. Donate or toss shoes that are too small or worn.

Art Skills

Paint a copy of one of the illustrations from the book. Add an upper and lower case Y for your alphabet binder.

TUESDAY

Read Aloud

Read Matthew 5:14-16. "You are the light of the world".

Phonics

Write letters and simple words in sand or salt tray.

Counting Skills

Copy numerals to 9.

Fine Motor Skills

Play the memory game. Lay a few objects on a tray. Ask your child to look at the objects while you count to 30. Then, cover the objects and ask your child to tell you what they saw.

Large Motor Skills

Creeping and crawling.

Practical Life Skills

Practice bed making.

Art Skills

Give your child a dollar store package of chenille stems (pipe cleaners) and let them make flowers or letters.

WEDNESDAY

Read Aloud

Read a favorite ABC book.

Phonics

Add missing letters and pictures to your letter book. Flash the phonograms and let your child repeat after you any that they missed.

Counting Skills

Counting to 100. If time allows do more auditory and visual number sequences. Place 3 numeral cards in front of your child. Let them look at them for about 30 seconds. Cover the cards and ask them to tell you what they saw. Visual and auditory sequencing are very important for fluent reading.

Fine Motor Skills

Pouring activity- Give your child different sized measuring cups and allow them to measure water or rice.

Large Motor Skills

Make figure eights with your arms. This bi-lateral activity helps with co-ordinating both sides of the brain.

Practical Life Skills

Wash dishes together.

Art Skills

Review problem letters with clay or cooked spaghetti.

THURSDAY

Read Aloud

Read *Extra Yarn* by Mac Barnett.

Phonics

Make your child's name on card stock with glue and colored yarn. Review phonograms.

Counting Skills

Start a knitting project. Cast on 10 stitches and then knit until you reach the length of a scarf. If your child is not ready for knitting, give them lacing cards for extra fine motor practice.

Fine Motor Skills

See Practical Life Skills.

Large Motor Skills

Make a yarn obstacle course. Wind yarn around chairs and doorknobs to make an obstacle course that requires going over and under. Play with supervision and then re-roll your yarn, or toss.

Practical Life Skills

Bake a dozen cupcakes. Use a frosting bag to pipe lines on the top, in a pattern that looks like a ball of yarn.

Art Skills

Knitting project or felting with colored wool.

Matthew 5:14-16

King James Version (KJV)

You are the light of the world.

A city that is set on an hill cannot be hid.

Neither do men light a candle and put it
under a bushel, but on a candlestick;
and it giveth light unto all that are in the house.

Let your light so shine before men,
that they may see your good works, and glorify
your Father which is in heaven.

Zz

W E E K 2 6

Letter Z

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ ALOUD	<i>My Visit to the Zoo</i> by Aliki	"Animal Crackers" by Christopher Morley	A favorite ABC book <i>Z for Moose</i> is one suggestion	<i>Put Me In The Zoo</i> by Robert Lopshire	Field Trip Day! Visit a zoo or a circus. Celebrate finishing the alphabet!
PHONICS	Make glitter glue Z Review name writing and other phonograms	Review phonograms Match animal word labels to toy animals	Add missing letters and pictures to your letter book	Spot room labeling Cut out circles	
COUNTING SKILLS	Gather toy zoo animals and count them	Count and divide animal crackers by how many people are in your home	Do auditory number sequences	Use circle bingo style counters to count to 100	
FINE MOTOR SKILLS	Design a zoo on a large poster board	Measure cocoa ingredients and set the table for a party	Deep pressure massage on hands	Make a lion mask	
LARGE MOTOR SKILLS	Play 'the family zoo'	Water and weed your garden	Do a phonics hop	Ball bounce	
PRACTICAL LIFE SKILLS	Review room care	Make and enjoy cocoa and eat animal crackers together	Clean windows or the fronts of appliances	Make popcorn with your child	
ART SKILLS	Paint and decorate your poster board	Make a circus train from empty tea boxes	Make a spring flower arrangement	Make a dot art collage	

Supplies - Letter Zz

Books

Put Me In The Zoo by Robert Lopshire

My Visit to the Zoo by Alik

An ABC Book

Kitchen

Paper Plate

Animal Crackers

Cocoa

Bouncy Ball

Popcorn

Coconut Oil

Butter

Salt

Blanched Almond Flour

Celtic Sea Salt

Baking Soda

Olive Oil or Melted Coconut Oil

Eggs

Ripe Bananas

Frozen Blueberries

Around the House

Toy Zoo Animals

Zoo Animal Classification Cards

Empty Tea Boxes

Cardboard Circles

Around the House (cont)

Spring Flowers or Blooming Branches

Circle Stencil

Bingo Counters (circle counters)

Bouncy Ball

Craft / Hardware

Glitter Glue

Flat Container of Salt

Watercolor Paint

Paint Brush

Card Stock Paper

Scissors

Clay

Yarn

Brads

Posterboard

Pipe Cleaners

Hole Punch

Colored Duct Tape or Construction Paper

TPP Printables

Letter Z Flash Cards (two copies)

Large Letter Z

Popcorn Recipe

Grain-Free Banana Blueberry Bars Recipe

Number Cards

Animal Crackers Printable

MONDAY

Read Aloud

Read *My Visit to the Zoo* by Alikei.

Phonics

Make glitter glue Z. Review name writing and other phonograms.

Counting Skills

Gather toy zoo animals and count them. Give a simple overview of animal classification.

Fine Motor Skills

Design a zoo on a large poster board. Draw in cages and walkways.

Large Motor Skills

Play 'the family zoo'. Call out the name of a zoo animal or animal family and let your child make up their own sounds and movements.

Practical Life Skills

Review room care. Make a zoo game of everyone racing to clean up their own "cages"

Art Skills

Paint and decorate your poster board zoo. Add clay and twig fences or a cardboard ticket stand. Fill the cages with toy zoo animals.

TUESDAY

Read Aloud

Read "Animal Crackers" by Christopher Morley.

Phonics

Review phonograms. Match animal word labels to toy animals gathered on Monday.

Counting Skills

Count and divide 20-30 animal crackers by how many people in your home.

Fine Motor Skills

Measure cocoa ingredients and set the table for a cocoa and crackers party.

Large Motor Skills

Water and weed your garden. Let your child operate the hose.

Practical Life Skills

Make cocoa and eat animal crackers and drink cocoa together. Light candles to make it extra cozy.

Art Skills

Make a circus train from empty tea boxes. Cut off the box top. Help your child cover the boxes with colorful duct tape or construction paper. Attach cardboard circles with brads and wire boxes together with pipe cleaners. Put extra animal crackers in the circus train for transport.

WEDNESDAY

Read Aloud

Read a favorite ABC book. *Z is for Moose* is one suggestion.

Phonics

Letter book- Finish adding letters to your letter book.

Counting Skills

Do auditory number sequences.

Fine Motor Skills

Deep pressure massage on hands.

Large Motor Skills

Do a phonics hop. If your child is ready, let them read simple words to win a forward hop.

Practical Life Skills

Clean windows or the fronts of appliances.

Art Skills

Make a spring flower arrangement. Gather wildflowers or budding branches and bring them indoors.

THURSDAY

Read Aloud

Read *Put Me In The Zoo* by Robert Lopshire.

Phonics

Spot Room Labeling- Cut out circles. Write words on them that correspond with household items. Help your children put the spots where they go.

Counting Skills

Use circle bingo style counters to count to 100 with a 100 number board.

Fine Motor Skills

Lion Mask. Use a paper plate. Cut out eyes. Draw a circle for a nose and curved lines for the mouth. Glue on pieces of yarn around the edges of a plate for a mane. Glue on a craft stick for a handle and small half circles for ears.

Large Motor Skills

Ball Bounce- Practice bouncing a small rubber ball or a basketball.

Practical Life Skills

Make popcorn with your child.

Art Skills

Make a dot art collage-Use a circle stencil and make circles on a variety of papers. Help your child cut out the circles and glue them on paper. Add an upper and lower case Z for your alphabet binder.

Animal Crackers

by Christopher Morley

Animal crackers and cocoa and drink,
That is the finest of suppers I think;
When I'm grown up and can have what I please,
I think I shall always insist upon these.

What do YOU choose when you're offered a treat?
When Mother says, "What would you like best to eat?"
Is it waffles and syrup, or cinnamon toast?
It's cocoa and animals that I love most!

The kitchen's the cosiest place that I know;
The kettle is singing, the stove is aglow,
And there in the twilight, how jolly to see
The cocoa and animals waiting for me.

Daddy and Mother dine later in state,
With Mary to cook for them, Susan to wait;
But they don't have nearly as much fun as I
Who eat in the kitchen with Nurse standing by;
And Daddy once said, he would like to be me
Having cocoa and animals once more for tea.



Check out our other products at

www.thepeacefulpress.com

Follow us on Instagram

@ThePeacefulPress